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TIDBITS® BROWSES THE FACTS ABOUT
REDHEADS
by Kathy Wolfe

It's time to honor redheads! Celebrated on November 5, National Love Your Red Hair Day was created in 2015 to urge redheads everywhere to love their hair. This week, Tidbits conveys the facts on some natural redheads and some not-so-natural.

- Red is the rarest hair color in the world. Less than 2% of the world's population, about 140 million people, are redheads. Scotland has the highest percentage with about 13% of the population, and Ireland has about 11%.
- Not only is the color the rarest, redheads have the fewest hairs on their head than any other color. Brunettes average 140,000, blondes have 110,000, while redheads have just 90,000. However, strands of red hair are thicker than other colors, so they often appear to have more hair.
- Red hair is caused by a mutation of the MC1R gene on chromosome 16. This mutation blocks production of dark brown and black pigments known as eumelanin, causing a build-up of pheomelanin, the red and blond pigments. Because it's a recessive trait, a child must inherit the red hair gene from both parents.
- The ancient Greeks thought redheads were vampires. As many as 45,000 female natural redheads were executed for alleged witchcraft from the 1400s through the 1700s.

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REDHEADS (continued):

- Olympic champion snowboarder Shaun White's red hair caused him to earn the nickname "the Flying Tomato." No one would have expected White to become an outstanding athlete, considering that a congenital heart defect led to two open-heart surgeries before he'd reached his first birthday. The son of a waitress and a water department employee, White was on the ski slopes at an early age, switching to snowboarding at age six. By the time he was seven, he already had his first sponsorship with the snowboard manufacturer Burton. Skateboarding legend Tony Hawk discovered the 9-year-old White at a local skate park and began mentoring the boy. Shaun became a professional snowboarder at age 13 and a pro skateboarder at 17. At the age of 16, he was the youngest snowboarder ever to win the US Open. White now has three Olympic gold medals to his credit from the 2006, 2010, and 2018 Games in the snowboard halfpipe event. When not competing in boarding events, White plays guitar in a band and maintains a men's clothing line at Macy's. He is also active in the Make-A-Wish Foundation, having granted 17 wishes in the past 10 years.
- Although we think of author Mark Twain as having had a wild mane of snow white hair, in his younger years, this author of *The Adventures of Tom Sawyer* and *The Adventures of Huckleberry Finn* had red hair. In Twain's words, "I was born red-headed – maybe that accounts for my passion for the gorgeous and ornamental."
- Fans of Lucy Maud Montgomery's *Anne of Green Gables* series of novels will remember that the title character detested her "plain red" hair. In the first novel, published in 1908, the precocious Anne



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TRIVIA NEWSFRONT

1. Name two Disney princesses with red hair.
2. What Swedish-born brunette-turned-redheaded performer fell 22 feet (m) from a Lake Tahoe stage, receiving severe injuries?
3. Name the red-headed family famous for their wizardry at Hogwarts.
4. What talk show host has earned the nickname "The Ginja Ninja"?
5. What red-haired girl gained fame in a 1924 comic strip?

longed to "imagine that red hair away," claiming that with it, "I can't be perfectly happy. Nobody could who had red hair."

- We knew him first as Opie Taylor, then as Richie Cunningham, then as the director of many popular films. His first film role was at age four. Ron Howard landed the role of Opie on "The Andy Griffith Show" in 1960 at age five, a part he played for eight seasons. He was also appearing in movies at the same time, including 1962's "The Music Man" and 1963's "The Courtship of Eddie's Father." His teenage years brought "American Graffiti" and the TV sitcom "Happy Days." "Happy Days," which premiered in 1974, ran for seven years. At age 22, Howard made his directing debut with 1977's "Grand Theft Auto," the first of many box office hits, including

TRIVIA NEWSFRONT ANSWERS

1. Ariel ("The Little Mermaid") and Princess Merida ("Brave")
2. Ann-Margret
3. The Weasley family
4. Conan O'Brien
5. Little Orphan Annie

"Splash," "Cocoon," "Apollo 13," "The Da Vinci Code," and "A Beautiful Mind," which earned him an Oscar for Best Director. Acting runs in this redhead's family, as his daughter Bryce Dallas Howard first gained fame as the vampire Victoria in "The Twilight Saga," and has appeared in the two most recent "Jurassic

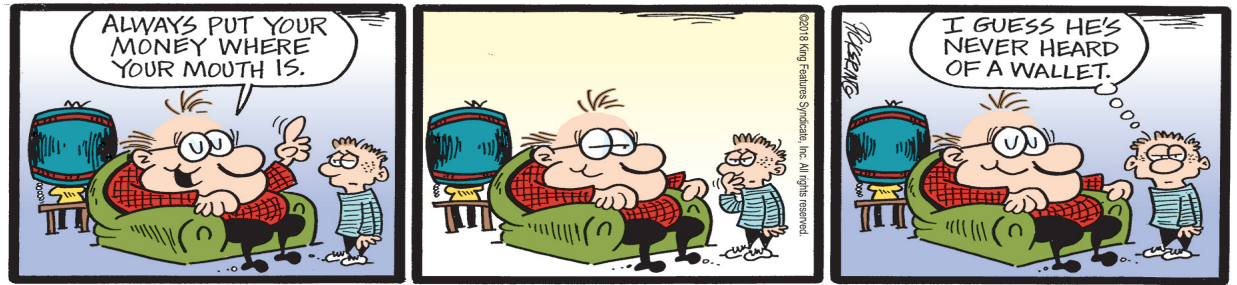
Continued pg.4



Now here's a tip!

by Jo Ann Derson

The Spats



- - * Stretch shoes with a zipper-top baggie! Insert a plastic bag into the shoe, where your feet go. Then add water just to fill. Put them in the freezer until solid. The ice expands as it freezes, which stretches the shoe.
 - * If you're replacing a hinge to re-hang a door and you need to use the same holes, add grip by placing a matchstick or toothpick in the hole before rescrewing the attachments. Just break it off flush with the door jamb. It will add some security to the hole so it won't be so loose.
 - * "Got kids? Take a tip from a furniture salesman: Get a couch that has a patterned fabric. Patterns hide stains and discoloration. The smaller the pattern, the more forgiving." -- W.S.

- * "Stick a dryer sheet in the bottom of your trash can. It will give off a bit of fresh smell whenever something lands in the bag." -- R.
- * Sometimes old tricks are the best tricks: Use a cut half of a lemon liberally sprinkled with salt to scrub a wood cutting board clean. The salt acts as an abrasive while the acids in the lemon neutralize odors and bacteria. Rinse and dry.
- * When defrosting meats in the fridge (never on the counter, right?), make sure they are sitting in a tray or plate with a lip. If the plastic leaks, you don't want meat dripping on your other groceries. Defrost meats on the bottom shelf, just in case.



GRIN and BEAR IT Wagner

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"He has a lot of gall for someone without a gallbladder."

Strange BUT TRUE

by Samantha Weaver

* It was American author and futurist Alvin Toffler who made the following sage observation: "Profits, like sausages, are esteemed most by those who know least about what goes into them."

* A leech can consume 10 times its own weight in its victims' blood.

* King James VI of Scotland also was, after the crowns of England and Scotland were united in 1603, King James I of England. He may have been doubly noble, but those who study such things say his personal habits would not have been out of place in a commoner of the time. He reportedly never bathed, claiming that baths were an unhealthy practice, and he would wear the same clothes for months on end.

* A newly married couple sued the upscale resort in Chile where they spent their honeymoon after a swim in the pool turned the bride's waist-length blond hair green.

* If you remember the early-1960s TV series "Route 66," you might be surprised to learn that the show was actually shot in Florida and Oregon, nowhere near the fabled highway.

* Those who live in the state of Minnesota might want to keep in mind that in that state it's against the law to sleep with no clothes on.

* Those of you who need your daily java fix probably won't be surprised to learn that coffee is one of the most popular drinks worldwide and is one of the most traded agricultural commodities. Due to limitations in cultivation, however, Hawaii is the only state in the U.S. that produces the beans.

Thought for the Day: "Half of the harm that is done in this world is due to people who want to feel important. They don't mean to do harm, but the harm does not interest them." -- T.S. Eliot

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by Linda Thistle

4				6		1	
	7			4	5		8
		5	8			2	
3	9			7			6
		2		1		7	3
	4		3				2
	2			3			7
9					1		5
		7	9	6		8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆ Challenging
◆◆◆ HOO BOY!

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King Crossword

ACROSS

- 1 Cleo's slayer
- 4 — de deux
- 7 Ornamental loop
- 12 Neither mate
- 13 Performance
- 14 Wahine's greeting
- 15 Excessively
- 16 Intercom speaker
- 18 "— Impossible"
- 19 African capital
- 20 At the home of (Fr.)
- 22 "— be an honor"
- 23 Maja painter
- 27 Table scrap
- 29 Luxury stadium seating

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16				17				
18				19								
20			21		22				23	24	25	26
			27	28			29	30				
31	32	33						34				
35					36		37					
38					39	40			41	42	43	44
				45					46	47		
48	49	50	51							52		
53						54				55		
56						57				58		

- 56 "Whoopee!"
- 57 Sleuth
- 58 Pismire
- 11 Earner's burden
- 17 Helps
- 21 1964 Anthony Quinn role
- 23 "Everything's Coming Up Roses" musical
- 24 Sapporo sash
- 25 Thither
- 26 Lumberjack's prop
- 28 Carnival site
- 30 Pond carp
- 31 Spanish literary hero
- 32 Expert
- 33 Chest muscle, for short
- 36 Intersection, on signs
- 37 Indicate
- 40 Moroccan city
- 42 Last letter
- 43 Mideastern land
- 44 Beginning
- 45 Division word
- 46 CEO, e.g.
- 48 Crafty
- 49 Earl Grey, e.g.
- 50 "Go, team!"
- 51 Bear, in Barcelona

DOWN

- 1 Caper
- 2 Start for "sayer"
- 3 Regular writing
- 4 History
- 5 Find not guilty
- 6 Action-film sequence
- 7 Fido's feet
- 8 Sort
- 9 Corn castoff
- 10 "So that's it,

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CARLYNE LEE COOKBOOKS



Carlyne Lee lives in the Shuswap and is Author of 15 Cookbooks. For more information or to purchase your own copies of her books you can phone 250-836-3181 or 1-877-812-3181

THYME OR LAVENDER MEATLOAF

- 1 large or 2 small eggs
- 1/4 cup dry bread crumbs or 1/2 cup fresh crumbs
- 1/3 cup ketchup
- 1 pound lean ground beef (or use 1/2 pork)
- 1 minced garlic clove
- 1/8 cup chopped, fresh parsley
- 1/4 teaspoon (or less) thyme or lavender
- 1/2 teaspoon salt
- 1/8 teaspoon cayenne powder
- 1/8 teaspoon black pepper
- 4 slices bacon to put on top of meatloaf

Preheat oven to 400F. Grease a loaf pan. Beat eggs and add crumbs and ketchup. Crumble in the meat. Add the next 6 ingredients. Mix but do not over mix. Pat into loaf pan and top with bacon slices. Bake for about 20 minutes then drain off the fat. Add another 1/3 cup of ketchup over the top and continue baking for another 20-25 minutes. (This is great served with mashed potatoes, green string beans and your favorite dessert!) (This comfort food is from my "ALL MY BEST TO YOU! SINCERELY, CARLYNE LEE" (Swan Lake in Vernon is featuring this cookbook this month in support of Breast Cancer Research.)

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals T

ERYJPN YJQFM RDJPA R
VMHNJX GWJ RTGRKN TMRVN
MLSFAMCTK FXAJ SRDN
WMRCEFHNA: "ARLF CFQMH."

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Find at least six differences in details between panels.

Differences: 1. Fence opening is wider. 2. Hair is different. 3. Neckline is different. 4. Arm is moved. 5. Window shade is missing. 6. Shrub is missing.

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REDHEADS (continued):

- Park” features.
- Four out of the first eight U.S. presidents had red hair – George Washington, Thomas Jefferson, Andrew Jackson, and Martin van Buren. We usually don't think of Washington and Jefferson as redheads due to that era's trend of wearing powdered wigs. Even when not wearing wigs, these gentlemen covered their hair in powder. Seventh president Andrew Jackson was a fiery redhead of Scottish and Irish descent; however his hair doesn't look red on the twenty-dollar bill! Eighth president Martin Van Buren stood just 5'6" and was blessed with red hair and red sideburns, earning him the nickname "The Red Fox of Kinderhook." Recent red-headed presidents include Dwight D. Eisenhower (before he was bald!) and 39th president, Jimmy Carter.
 - In 1975, singer/songwriter Willie Nelson released the song "Red-Headed Stranger," which firmly established his success in the music business. The blockbuster hit told the story of the Stranger killing a woman who had reached out to touch one of his horses, one that had belonged to his wife. The Stranger went free because "you can't hang a man for killin' a woman who's tryin' to steal your horse." In 1986, a movie based on the album was released starring Nelson as the Stranger. In those days, Nelson wore his long red hair, which reached to his waist, in two braids covered by a bandanna.
 - Former British Prime Minister Winston Churchill is another one that folks don't think of as a redhead. When he was enrolled in the prestigious Harrow boarding school at age 13, he stuttered and lisped, and was on the receiving end of bullying, given the nickname "Copperknob" for his red hair. Before his political career, which spanned 60 years, Churchill was a war correspondent, and at age 25, was captured in South Africa, and put in a prison camp. He escaped soon after, making his way over 300 miles, walking, stealing rides on supply trains, and even holing up in a mine shaft for three days. In addition to politics, Churchill loved to paint, producing nearly 600 works of art over 48 years. When speaking of

his painting, he said, "When I get to heaven I mean to spend a considerable portion of my first million years in painting."

- How about everyone's favorite red-headed doll? In 1918, Illinois writer/artist John Barton Gruelle published his book Raggedy Ann Stories, introducing the yarn-haired doll he had named by combining two poems, "The Raggedy Man" and "Little Orphant Annie." Ann's brother Andy made his debut two years later.

TIDBITS QUOTE

"One of the things I learned the hard way was that it doesn't pay to get discouraged. Keeping busy and making optimism a way of life can restore your faith in yourself." -- Lucille Ball

FOOD OF THE WEEK: SAUERKRAUT

Since November 3 is Sausage and Kraut Day, it's time to load up on the facts about sauerkraut!

- The word "sauerkraut" has its origins in the German language, translating "sour cabbage." However, the food itself traces its roots to China, where cooks were pickling cabbage in rice wine as early as 200 B.C. It's believed that Mongolian ruler Genghis Khan brought sauerkraut west during his invasions that conquered most of Eurasia around the year 1237. Fermented sauerkraut stayed fresh during long journeys.
- Sauerkraut was brought to North America by German immigrants, and became a Pennsylvania Dutch specialty. Because the Pennsylvania Dutch believed the food brought good luck, a tradition was started there, eating sauerkraut on New Year's Day to bring luck for the upcoming year. It's first mentioned in American writings in 1776.
- To make sauerkraut, cabbage is finely shredded and layered into stone jars, with salt placed between each layer. The amount of salt is equal

TIDBITS GOES LONG.....

Although we've seen numerous different hair colors on Nicole Kidman, the Australian actress was born a redhead. Same goes for actresses Amy Adams and Jessica Chastain.

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to 2% of the cabbage's weight. It is then tamped down with a wooden masher until the juice rises above the cabbage. If the cabbage is low in juice, water is added to the jar until it reaches the desired depth, with the cabbage fully covered.

- The cabbage is then left to ferment at 60 degrees F (15 C) for several weeks. The proper temperature is vital for the best quality product and to prevent mold and yeast from growing. As it ferments, acid-forming bacteria flourish and convert the cabbage's sugars into acetic and lactic acids, which will act as preservatives. Refrigeration isn't required during fermentation, although sometimes the stone jars must be immersed in a tub of cold water to maintain the temperature. Exposure to heat during the process will kill the bacteria that produce the fermentation.
- In many countries, sauerkraut is more than just cabbage. Poland, Russia, and Ukraine add shredded carrots to the brine, and might also include quartered apples or cranberries. Bell pepper and beets are also added ingredients. German cooks might flavor their sauerkraut with juniper berries or caraway seeds, adding white wine to the mix. In the

Netherlands, sauerkraut is known as "zuurkool," while the French call in "choucroute."

- Commercial manufacturers can or jar sauerkraut by using heat, and some use vinegar in the fermentation process. Unfortunately, much of the nutritional value is lost once the cabbage is cooked, and raw sauerkraut is a much more nutritious product.
- Sauerkraut is filled with health benefits, including its ability to aid in digestion and increase blood circulation. During fermentation, beneficial probiotics that promote gastrointestinal health are produced. It's also rich in Vitamins A, C, K, and B complex, along with minerals like iron, manganese, copper, potassium, magnesium, and calcium, as well as being a good source of fiber. It provides an increase in energy and metabolism levels and boosts the immune system.
- However, even with all the healthy benefits, sauerkraut isn't for everyone. Due to the salty brine, it's very high in sodium, which can be a dangerous thing for those suffering from cardiovascular and renal diseases.

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The regular meeting of the Shuswap Garden Club will be held on October 25th at 7p.m. in the Scout Hall. Our guest speaker will be Herman Bruns of Wildflight Farm with an overview of his organic farm and a focus on fall harvest vegetables.

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1. Which artist released "Swing Your Daddy"?
2. Neil Young wrote and released "Lotta Love" in 1978.

- Who had a No. 1 hit with the song a year later?
3. Who had an international hit with "Nothing's Gonna Change My Love for You"?
 4. Who topped the charts with "Come into My Life"?
 5. Name the song that contains this lyric: "Don't carry the world upon your shoulders, For well you know that it's a fool who plays it cool, By making his world a little colder."

Answers

1. Jim Gilstrap, in 1975. This relatively unknown song should be on the playlist for every Carolina beach shag DJ.
2. Nicolette Larson.
3. Glenn Medeiros, 1987. He released the song after winning a talent contest at age 16. It spread by word of mouth -- and soap operas, where it was featured on a number of shows.
4. Joyce Sims, in 1987.
5. "Hey Jude," by the Beatles in 1968. Famous for its four-minute coda, the song was over seven minutes long. It was originally written by Paul McCartney as "Hey Jules," for John Lennon's son Julian, who was upset that his parents were divorcing.

LUCILLE BALL

One of America's favorite redheads wasn't really a redhead at all!

- We remember Lucille Ball as the madcap redhead in "I Love Lucy," which aired from 1951 to 1957. Lucy got her start at age 18 as a model using the name Diane Belmont, modeling for New York City fashion entrepreneur Hattie Carnegie. Carnegie ordered Ball to dye her natural brunette hair blonde. It's said that Lucy drove by New York's Belmont Race Track and thought the name was "glamorous."
- When Lucy was three years old, her father contracted typhoid fever and died. There was just one thing she remembered from that day – a bird got trapped in the house – and from then on, throughout her life, Lucy was plagued with ornithophobia, the fear of birds.
- Lucy spent part of her childhood with her step-grandparents, a strict Swedish couple who banished all mirrors from the home, with the exception of one over the bathroom sink. When Lucy was caught admiring herself in that mirror, she was severely disciplined for her "vanity."
- At age 17, she was stricken with rheumatoid arthritis and was unable to work for two years. After appearing in several "B" movies, she auditioned for the part of Scarlett O'Hara in 1939's "Gone with the Wind," losing the role to Vivien Leigh.
- MGM executives urged her to dye her hair red, and it became her signature color. In Lucy's words, "I dyed my hair this crazy red to bid for attention. It has become a trademark, and I've got to keep it this way."
- Lucy met Cuban bandleader Desi Arnaz in

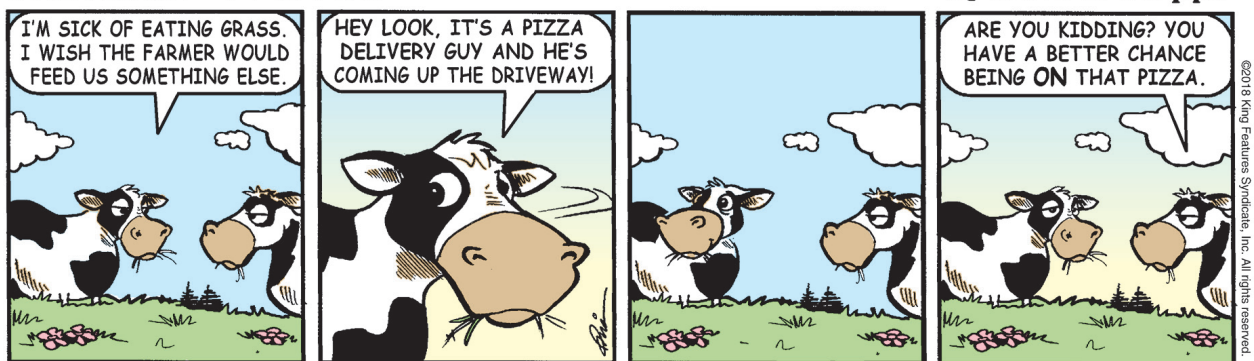
1940, and the two promptly eloped. Together they created "I Love Lucy," portraying the life of Ricky and Lucy Ricardo, living next door to Fred and Ethel Mertz. Her real-life pregnancy was written into the series. The episode of "Little Ricky's" birth aired on January 19, 1953 before 44 million viewers, the same day that Lucy actually delivered her son, Desi, Jr. With 71.7% of all American TV sets tuned in, the viewership surpassed the coverage of Dwight D. Eisenhower's inauguration as president the following morning, which garnered a 67.7% rating. The birth was the subject of TV Guide's very first issue.

- Lucille Ball holds the record for the most appearances on the cover of TV Guide, appearing 39 times. The magazine named this four-time Emmy winner the "Greatest TV Star of All Time."
- In 1960, one day after filming Lucy and Desi's final episode together, she filed divorce papers, calling her life with Desi a "nightmare," annihilating the public image that the Arnaz marriage was as idyllic as "I Love Lucy." Lucy bought out Desi's shares of their television studio, Desilu Productions, and she became the first woman to run a major television studio, one that produced several popular TV series, including "Mission: Impossible" and "Star Trek."
- Lucy went on to star in six seasons of "The Lucy Show," then on to her third sitcom, "Here's Lucy," for another six years. She wrapped up her regular sitcom career in 1974.
- Lucy's last public appearance was at the 1989 Academy Awards, just four weeks before her death at age 77 from a ruptured abdominal aortic aneurysm.

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Amber Waves



by Dave T. Phipps



SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

- Cunning
- EIGUL
- Spare
- PRUSSUL
- Tender
- INDAYT
- Impede
- RHINDE

TODAY'S WORD

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------|-----------|--------------------|-----------|
| 1. Dollywood host | ___ T ___ | Exoneration | ___ D ___ |
| 2. Sink | ___ N ___ | Straightforward | ___ C ___ |
| 3. Heated up | ___ M ___ | Distorted | ___ P ___ |
| 4. Compassion | ___ C ___ | Jolly | ___ R ___ |
| 5. Baseball official | U ___ | King's realm | E ___ |
| 6. Military student | ___ D ___ | "Insert here" mark | ___ R ___ |
| 7. Kindling | ___ I ___ | Kind and gentle | ___ E ___ |
| 8. Every 24 hours | ___ A ___ | Lacy cloth | ___ O ___ |
| 9. Provide evidence | ___ V ___ | Writing style | ___ S ___ |
| 10. Consecrate | ___ E ___ | Heavenly joy | ___ I ___ |

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Laugh a bit with TIDBITS

If a red headed guy works at a bakery, does that make him a ginger bread man?

Just Like Cats & Dogs by Dave T. Phipps



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PAW'S CORNER By Sam Mazzotta

Pets and Divorce

DEAR PAW'S CORNER: My husband and I have decided to call it quits after seven years together. We don't have any kids, so we're mainly just splitting up assets. But there's a problem: Both of us want "Spitz," our little terrier mix. What can I do? Is this something that has to be decided by a judge? -- Calling it Splits in Sacramento

DEAR SPLITS: Who gets the pets is an issue that often comes up in divorce. And because the way we view pets is changing -- they're more often considered an extension of the family, rather than simply property -- the way judges decide who gets to keep the pets is changing too.

For example, California now gives judges much more leeway in determining who gets custody of pets in a divorce. Rather than basing the decision on who paid for or who adopted a pet, the judge can look at factors like who walks the dog every day, who takes the cat to the veterinarian and so on.

In states with no-fault divorce or that allow mediation rather than hashing it out in court, the divorcing couple can negotiate custody of pets, taking into account factors like who fed them every day, who trained them, who paid for medical care, etc., and determine who's going to be responsible for those things. I even know of a couple who worked out a shared custody arrangement where one of them cared for their two dogs during the week and the other took them on the weekends.

I wish you both the best of luck and hope you'll both agree on an arrangement that is best for Spitz.

Send your questions, comments or tips to ask@pawscorner.com. (c) 2018 King Features Synd., Inc.



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SCRAMBLERS

solution

1. Guile; 2. Surplus;
3. Dainty; 4. Hinder

Today's Word

GREEN

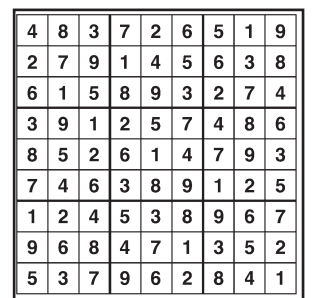
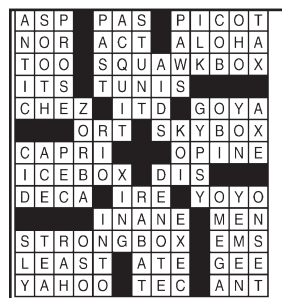
Even Exchange

answers

1. Parton, Pardon
2. Basin, Basic
3. Warmed, Warped
4. Mercy, Merry
5. Umpire, Empire
6. Cadet, Caret
7. Tinder, Tender
8. Daily, Doily
9. Prove, Prose
10. Bless, Bliss

CryptoQuip
answer

Famous movie about a person who always leaps excitedly into cabs headfirst: "Taxi Diver."





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