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TIDBITS® SHOPS AT
IKEA
by Janet Spencer

People value products they assemble themselves nearly 63% higher than comparable pre-built furniture. This is known as the IKEA effect, and was discovered accidentally by a Swedish man named Ingvar Kamprad.

OUR FOUNDER

- Ingvar Kamprad was born in Sweden in 1926 and grew up on the family farm named Elmtaryd near the village Agunnaryd. He was an entrepreneur from the beginning. As a youth he bought matches in bulk and peddled them in smaller packages for a profit. He began a bicycle route selling matches, and then added pens and pencils, ornaments, seeds, and fish.
- At 17, his father rewarded him for getting good grades with a gift of cash, and Ingvar used the money to open a mail-order business. He derived the name for the business from his initials, along with the initials for the family farm and the local town: IKEA.
- He sold many items, such as wallets, watches, stockings, and jewelry, and later he added simple, functional furniture built by local craftsmen. Soon the furniture out-sold everything else. In the 1950s he dropped the entire product line except for stylish home furnishings.

turn the page for more

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IKEA (cont'd)

- The first piece of flat-pack IKEA furniture was sold in 1956. The idea was born when Kamprad and an employee were loading furniture into a car to take to a photo shoot. A table wouldn't fit, so the employee unscrewed the legs, and an idea was born. As a result, the furniture was redesigned so that it could be disassembled and shipped flat. This made it cheaper to ship, increased store inventory capacity, minimized transport damage, and made it easier for customers to carry the furniture home. This became a trademark.
- The very first item of IKEA furniture sold as a flat-pack was a leaf-shaped side table, which first appeared in the 1956 catalog.
- Because Ingvar Kamprad is dyslexic, he found it easier to give products names rather than identify them through a set of numbers and letters. The names follow a system: living room furniture is named after towns in Sweden; bedroom furniture is named after cities in Norway; carpets are named after places in Denmark; and dining room items are named after places in Finland. Bookcases are named after occupations; bathroom items are named after lakes and rivers; chairs and desks are named after men; fabric items such as curtains are named after women; garden items are named after islands; and children's items are named after animals.
- The single most popular IKEA product is the Billy bookcase, named after IKEA advertising manager Billy Liljedahl. One sells every ten seconds. They've sold over 60 million in the world, which works out to nearly one for every 100 people on the planet. In fact, they are so universal that market analyst Bloomberg uses them to compare purchasing power across the



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TRIVIA NEWSFRONT

1. Approximately how many people visit IKEA stores worldwide annually?
2. How many billion dollars worth of furniture is sold by IKEA each year?
3. What percent of the world's lumber supply is used by IKEA each year?
4. What percent of Europeans alive today were conceived in an IKEA bed?
5. What percent of people in Britain sleep on an IKEA mattress?

world: In Egypt a Billy bookcase costs over \$100 but in Slovakia they can be purchased for less than \$40. (cont'd)

- Many IKEA stores offer free daycare centers with playgrounds, giving parents beepers so they can be notified if their child requires attention while they are shopping.
- In 1994 IKEA was the first company to ever feature a gay couple in a commercial. The ad was pulled when the company started receiving death threats. However, they later went on to become the first company to feature a transgender person in an ad.
- Each year, there are more copies of the IKEA catalog printed than the Bible. Around 100 million copies of the Bible are sold or given away

TRIVIA NEWSFRONT ANSWERS

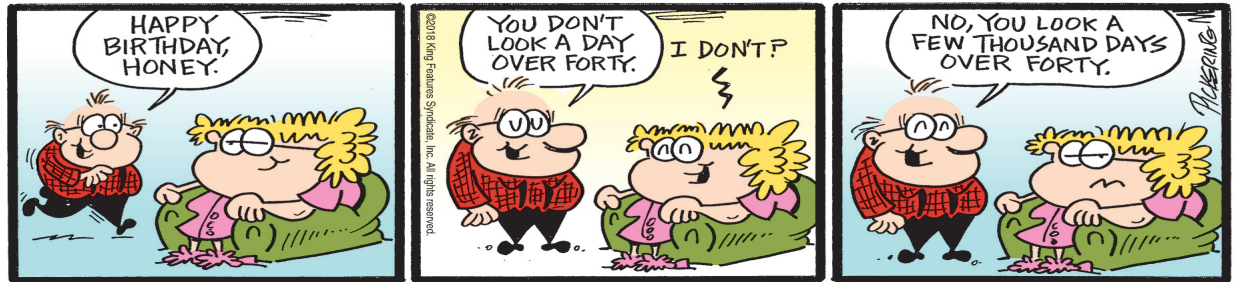
1. 915 million people visit IKEA stores worldwide annually.
2. IKEA sells about \$37 billion in furniture each year.
3. About 1% of the Earth's lumber supply is used by IKEA. They're the 3rd largest consumer of wood on the planet, coming in behind Home Depot and Lowe's.
4. It's estimated that around 10% of all Europeans alive today were conceived on an IKEA bed.
5. In Britain, 20% of people sleep on an IKEA mattress.

each year, but the IKEA catalog goes out to 180 million people in 27 different languages annually. About 70% of the company's marketing budget goes into the catalog, and they produce over 50 different editions each year.

Continued pg.4

by Jeff Pickering

The Spats



- - * Getting ready to go back to school? Remember: Kids' backpacks should weigh no more than 20 percent of their body weight, and the child should properly use both shoulder straps for the best fit and least stress on the back.
 - * What's the best way to get a bloodstain out of clothing? Douse the stain with hydrogen peroxide and then wash as usual.
 - * Recipe substitutions: If you need 1 teaspoon of baking powder, use 1/4 teaspoon of baking soda plus 1/2 teaspoon of cream of tartar.
 - * To get outdoor cushions clean before storage, mix warm water, 1 tablespoon of borax and 1 teaspoon of sudsy dish soap in a bucket. Use to scrub your

cushions, then rinse with a sprayer hose and allow to dry. We do this at the start of the season as well.

- * PSA: It's still hurricane season. Be prepared by grabbing a few extra canned goods or a gallon of water on each trip to the grocery. It beats the rush when a tropical storm is on its way.

- * "The refuse containers that our city provides for street pickup are huge. Their size doesn't stop them from getting stinky like the old smaller ones, but they are harder to clean -- you'd almost have to crawl in there to get the gunk off the bottom. The kids ingeniously decided to use an old broom to clean the bins, coupled with a blast of water on the jet setting." -- C.C.

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"GOOD NEWS! It looks like your archery instructor will pull through!"

Strange BUT TRUE

by Samantha Weaver

* It was American author, journalist and psycho-analysis researcher Judith Viorst who made the following sage observation: "Infatuation is when you think that he's as sexy as Robert Redford, as smart as Henry Kissinger, as noble as Ralph Nader, as funny as Woody Allen, and as athletic as Jimmy Connors. Love is when you realize he's as sexy as Woody Allen, as smart as Jimmy Connors, as funny as Ralph Nader, as athletic as Henry Kissinger and nothing like Robert Redford -- but you'll take him anyway."

* Records show that during the last seven months of Elvis Presley's life, he had 5,300 different medications prescribed for him.

* Those who study such things say that Labor Day is Americans' third most favorite holiday, ranking only after Christmas/Hanukkah and Memorial Day. Also, a quarter of Americans are expected to travel out of town over the holiday weekend, with

the most popular destinations being New York City, Los Angeles, Las Vegas, Orlando and Chicago.

* In the TV show "Charlie's Angels," it was a requirement that each of the stars had eight different outfits for each episode.

* The country of South Africa has a grand total of 11 official languages.

* Now that fall is approaching, here are a couple of interesting tidbits for parents: In the United States, the average K-12 student has \$688 in back-to-school expenses. For the average college student, that goes up to \$970.

* You may be surprised to learn that the first Caesar salad was actually created in Tijuana, Mexico.

* For reasons that aren't quite clear, in Sweden, it's illegal to train a seal to balance a ball on the tip of its nose.

Thought for the Day: "The most dangerous strategy is to jump a chasm in two leaps." -- Benjamin Disraeli

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by Linda Thistle

		6		7			9	
4			9					8
	2				3	1		
1			4		8		3	
	9			5				4
		5	2			6		
9				4			5	
	8		1					3
		7			9	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

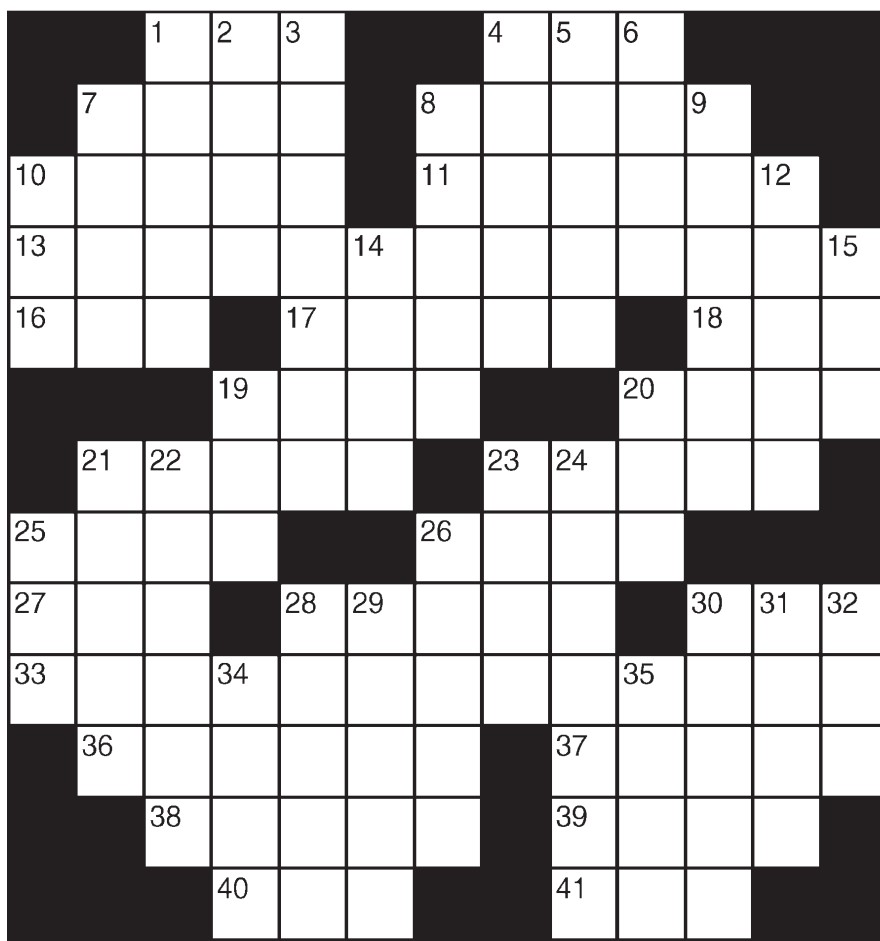
◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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King Crossword

ACROSS

- 1 - -relief
- 4 "Conan" network
- 7 Easter flower
- 8 Baby's ailment
- 10 Traffic cone
- 11 Moon mission name
- 13 Shakespeare's best-known query
- 16 "I'll take that as -"
- 17 Carolers' tunes
- 18 Vast expanse
- 19 Coloring agents
- 20 For fear that
- 21 Corporations
- 23 Paperhanger's need
- 25 Scrawny
- 26 Dull sound of impact
- 27 Performance
- 28 Show smug satisfaction
- 30 Pi follower
- 33 TLC make-over series
- 36 Abrade
- 37 Film
- 38 Shocking weapon
- 39 State
- 40 High deg.



- 41 Aviv lead-in candy hip-hop parlance
- 9 Storage area
- 10 Bake sale org. 24 Self-service diner
- 12 Not just plump 25 Pussy foot?
- 14 Shad delicacies 26 Carrier
- 15 Chow down 28 Grind the teeth
- 19 Parched 29 Ran easily
- 20 "Acid" 30 Make merry
- 21 Botanist for whom a reddish-purple flower is named 31 Barber's concern
- 22 Unbroken 32 Raw rock
- 23 Excellent, in 34 Snare
- 35 Worked on a loom

DOWN

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CARLYNE LEE COOKBOOKS



Carlyne Lee lives in the Shuswap and is Author of 15 Cookbooks. For more information or to purchase your own copies of her books you can phone 250-836-3181 or 1-877-812-3181

JODIE'S PUMPKIN SPICE CAKE

- 1/2 cup lard or shortening
- 1 1/3 cups sugar
- 2 eggs
- 1 cup canned or fresh pumpkin
- 2/3 cup buttermilk
- 1 3/4 cups flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1 1/2 teaspoons cinnamon
- 1/2 teaspoon nutmeg
- 1/4 teaspoon allspice
- 1/4 teaspoon ginger
- 1/8 teaspoon cloves

Cream the shortening and sugar until fluffy. Add eggs one at a time, beating well. Combine pumpkin and buttermilk. Sift dry ingredients and spices; add to creamed mixture alternately with pumpkin, beating well. Bake at 350F for 45-50 minutes in a greased and floured 13x9 pan. (This is an old-fashioned comfort cake- great for a nippy autumn day.) This recipe is from my "PUMPKIN AND SQUASH LOVER'S COOKBOOK" available at DeMilles and Buckingham, in Salmon Arm. This cookbook has over 100 recipes and 19 of the recipes are pumpkin pies!! Delicious!!

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals D

BDKZ PAV CVXXKZTP MKY W MEKWY
QXKW WAVY W NTAVXRVECY,
BAVTX PAV NWTT YDWY W
EWQZCYAEJ REWQZCYAEJ?

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Find at least six differences in details between panels.

Differences: 1. Picture is different. 2. Skirt is different. 3. Card is different. 4. Neckline is different. 5. Card sign is missing. 6. Envelope is missing.

TIDBITS QUOTE

“What is good for our customers is also in the long run good for IKEA.”
-Ingvar Kamprad

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IKEA (cont'd)

- Kamprad first opened a restaurant in an IKEA shop in 1960, after he realized that shoppers would leave the store as soon as they got hungry. Today IKEA is famous for their Swedish meatballs. The restaurants collectively bring in about \$1.8 billion in revenue each year. This subsequently led to an entirely new product line of Swedish foods.
- If you live in Scandinavia, certain European countries, or the United Kingdom, you can buy an IKEA home. In 1996 they started selling flat-pack homes called the BoKlok House (Swedish for “smart living”) for a fraction of the price of a regular home.
- IKEA has also designed and marketed a \$1000 flat-pack refugee shelter that is boxed and shipped with all tools needed for assembly.
- The costume designer for “Game of Thrones” revealed that he bought faux fur rugs at IKEA and re-purposed them as fur capes worn by members of the Night’s Watch. (cont'd)
- IKEA’s first shop was set up in Almhult, southern Sweden, and was 6,700 square meters. The average IKEA is now about 32,000 square meters. In 2014, IKEA opened a store in South Korea that’s nearly 60,000 square meters. For comparison, that’s nearly twelve times larger than the White House.
- There’s a website called IkeaHackers.net where people submit ideas on how to modify and improve IKEA furniture, such as turning a bookshelf into a room divider, a wine rack, or a baby-changing station.
- On Valentine’s Day in 2013, an Australian couple got married at an IKEA in Sydney, Australia, after winning a contest to have their wedding there.
- In 2010 the company released 100 privately owned cats into a store that was closed overnight, just to film their antics. A team of five cameramen followed the cats around, and the cats were tended by a bevy of wranglers.
- Today there’s an IKEA museum located on the site in Almhult, Sweden, where the very first

IKEA store once stood. On display are many of the company’s famous designs and products, from meatballs to bookshelves. The 100th employee joined Ikea in 1959 and visitors can see uniforms from that period.

- In an interview on his 90th birthday, Ingvar Kamprad was wearing clothes he had purchased at a flea market and driving an old Volvo. Kamprad was once denied entry at a gala when he showed up to receive an award because he had arrived via bus.
- Today IKEA is the world’s largest furniture store, operating around 389 outlets in 43 countries, employing about 183,000 people, selling some 9,500 products. By the time Ingvar Kamprad died at the age of 91 in 2018, he was one of the world’s richest men.

Fabulous Food FOOD FACTS

- A century ago, North Americans spent about 43% of each day working to earn enough money to buy food. Now, it’s just 7%.
- The average North American household spends about 10% of its total budget on food.
- Although “as American as apple pie” is a common phrase, apple pie isn’t particularly American. Pie was invented in Medieval England, and the modern recipe for apple pie with a lattice crust was created by the Dutch.
- Pound cake got its name from the original recipe which called for a pound of butter, a pound of eggs, a pound of sugar, and a pound of flour.
- During the average meal, you eat over 90,000 miles of DNA.
- Chimichanga, a deep-fried burrito, is a Mexican word meaning “whatchamacallit” or “thingamajig.” Chimichangas were reportedly invented at the El Charro Cafe in Tucson, Arizona in 1922 when the restaurant owner accidentally flipped a burrito into a deep fryer.
- There are approximately 350 different pasta shapes around the world.

TIDBITS GOES LONG.....

IKEA hosted a sleepover at their store in England. One hundred winners were selected from the 100,000 people that signed up. They had to be over 25 and needed to follow a strict dress code which was pajamas-only.

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FOOD FACTS (cont'd)

- Almost 70% of red meat eaten around the world is goat meat.
- People in Bangladesh and India eat the least meat per capita, averaging around 9 pounds (4 kg) each year, while Americans eat the most at about 265 lbs. (120 kg) each year, followed by Kuwait, New Zealand, and Australia.
- There is no fruit in Froot Loops cereal, and every color is the same flavor.
- In 2002 Parkay released 15,000 Parkay tubs outfitted with motion-activated computer chips that automatically responded with "The label says Parkay, the flavor says butter" when anyone passed by.
- Kale is one of the most nutritious vegetables. A single cup has only 33 calories yet it has 684% of the daily requirement of vitamin K, 134% of vitamin C, 206% of Vitamin A, as well as iron, folate, omega-3s, magnesium, calcium, iron, fiber, and two grams of protein. A serving of kale has more calcium than a small glass of milk, more vitamin C than an orange, and more vitamin A than any other leafy green. Kale retains most of its nutritional value even when cooked.
- The origin of the name "onion" comes from Latin "unio" which is also the origin of the words "union" and "unity" referring to the many layers of an onion forming a single unit.
- Worldwide, there are over 7,500 varieties of apples. If you tried a new type per day, it would take you 20 years to taste them all. Apple seeds contain small traces of cyanide.
- Almonds are a seed rather than a true nut. Almonds are a member of the peach family.
- On August 10, 2015, NASA astronauts on the International Space Station ate food that had been grown in space for the first time: Romaine lettuce.
- If your in-flight airline meal tastes bland, remember that being at high altitudes affects both the sense of smell and the sense of taste.
- The flesh of wild salmon is pink due to the shrimp they eat, but farm-raised salmon which are fed differently tend to be naturally white. They are fed plant pigments called carotenoids which are responsible for making carrots orange and tomatoes red. These carotenoids, when eaten by farmed salmon, mimic the pink color of wild salmon.
- The average American spends about \$3,140 on food each year and eats 35 tons of food in their lifetime.

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HUYGENS SPACE PROBE

- Huygens was a probe that landed on Saturn's moon Titan in 2005. Named after the Dutch 17th-century astronomer Christiaan Huygens who discovered Titan in 1655, the probe landed farther away from Earth than any previous spacecraft. It was the first landing on a moon other than our own.
- The Huygens probe, which measured about 9 feet

wide (2.7 meters) and weighed roughly 700 pounds (318 kg), was attached to the Cassini spacecraft. Cassini weighed in at 2,600 pounds (5,700 kg). The mission was a joint effort by the European Space Agency with NASA and the Italian Space Agency.

- Cassini was named for Giovanni Cassini, a 17th-century astronomer who was the first

Continued pg.6

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FLASHBACK
By Mick Harper



1. What group wrote and released the 1979 song "Tragedy"?
2. Which duo released "Rainy Days and Mondays"?
3. Name the artist who co-wrote and released "You Ought to Be with Me."
4. Who released "Runaway Child, Running Wild"?
5. Name the song that contains this lyric: "Some people go around the world for love, But they may never find what they dream of."

Answers

1. The Bee Gees. The song went to No. 1 in the U.K. and then did the same a month later in the U.S.
2. The Carpenters, in 1971. The song was penned by then unknowns Paul Williams and Roger Nichols, who went on to write hits for many artists.
3. Al Green, in 1972, from his "Call Me" album. The song topped the R&B chart and sold over a million copies.
4. The Temptations, in 1969. The song describes a young boy, alone and frightened on the streets, and tells the boy to go home.
5. "What You Won't Do for Love," by Bobby Caldwell, in 1978. Caldwell's record company went out of its way to hide the fact that he was a blue-eyed soul singer and released the record to R&B stations. The secret came out, however, when Caldwell started performing in public.

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HUYGENS SPACE PROBE

to observe four of Saturn's moons. The Cassini spacecraft was built to study Saturn and the surrounding system, while the Huygens probe was designed to detach and land on Titan.

- The combined Cassini-Huygens spacecraft launched on October 15, 1997 and remained dormant for the 6.7-year interplanetary cruise, except for semi-annual check-ups. The craft flew by Venus and Jupiter on the way, settling into orbit around Saturn on July 1, 2004. It spent several months studying Jupiter, its rings, and its numerous moons.
- Huygens separated from the Cassini orbiter on December 25, 2004, and landed on Titan on January 14, 2005, while Cassini continued to orbit. It took about 2.5 hours for Huygens to descend through the atmosphere of Titan.
- Huygens parachuted to the surface, landing on a crusted clay-like shoreline with an impact speed similar to dropping a ball on Earth from a height of about one yard.
- The temperature at the landing site was -290.8 °F (-179.3°C) with a relative humidity (composed of methane) of 50%. (cont)
- Huygens landed at what counts as high noon on Titan, when the Sun is about 1/10th the size as seen from Earth, with light comparable to twilight as seen on Earth about ten minutes after sunset. The color of the sky on Titan is orange because of the thick haze.

- Titan is the largest of Saturn's 62 moons, and is half the size of Earth and nearly as large as Mars. It's the second largest moon in the solar system, after Ganymede of Jupiter. It is the only moon in the solar system with clouds and a dense, planet-like atmosphere.
- The atmosphere on Titan is composed of 95% nitrogen and 5% methane. Titan also has carbon, hydrogen, and oxygen, as well as other elements essential for life.
- Titan has liquid methane rivers, lakes, and seas, making it the only other world in the solar system that has stable liquids on its surface. Methane rain circulates in hydrological cycle similar to what happens on Earth with water. Scientists think that Titan's weather probably features torrential downpours of liquid methane causing flash floods, interspersed by decades or even centuries of drought.
- Titan has sand dunes made of hydrocarbons, mountains reaching 10,000 feet in height, and possible underground oceans of water and ammonia.
- Huygens operated for about 90 minutes after touchdown, sending the information from its robotic laboratory to Cassini, which relayed the data to Earth.
- On Sept. 15, 2017, Cassini made a suicidal plunge into Saturn, taking measurements for as long as its instruments could send communications back to Earth.



PHOTO: Chris Pratt in "Jurassic World: Fallen Kingdom" Photo Credit: Universal Pictures

"Jurassic World: Fallen Kingdom" (PG-13) -- The dinosaurs of the lost Jurassic World -- or what remain of them -- are in jeopardy from a volcanic eruption, and the U.S. government is not inclined to step in to save them. Enter Claire Dearing (Bryce Dallas Howard), one-time



operations manager and now dinosaur activist, who gets a suspicious lifeline from Benjamin Lockwood (James Cromwell), former partner in cloning of the paleontology park. The offer: He'll re-home the dinos if Dearing goes to get them. The gang's all back, as Claire recruits Owen (Chris Pratt), alpha male and all-around hunk, to help get Blue, the last remaining velociraptor, to safety. There's a ton of action and some interesting twists, but also a vague unfortunate fading feeling of a franchise that's gone too far.

"Billionaire Boys Club" (R) -- In real-life 1980s glitzy Los Angeles, a group of overprivileged and wannabe-overprivileged young men got themselves all rolled up in a Ponzi scheme, which, when it played out -- as they usually do -- left several young men murderers and accomplices to murder. Ansel Elgort and Taron Egerton star as two of these young men. Well-cast white-bread looks and confident wardrobe choices aside, I found it hard to like the film despite my affection for the actors -- it's slick hedonism of the get-rich-quick variety, with no discernable sympathetic characters, despite an attempt to present them as such.

"Damsel" (R) -- Dandy Samuel Alabaster (Robert Pattinson) is ready to cross the great American West of the 1870s in search of his kidnapped fiancée, Penelope (Mia Wasikowska), a sure-minded woman whom he intends to marry on the spot -- after he presents her with a gift of a tiny horse named Butterscotch. He enlists the help of "Parson" Henry (David Zellner), a drunkard looking to turn a new leaf, and the pair set off on a grand adventure, with surprises and revelations

along the way. Slapstick Western? Quirky take on traditional tropes? The Zellner brothers' "Damsel" is mostly cute and thoughtful, with only brief moments of self-awareness in which it tries a little too hard to be zany. High-fives for the opening sequence featuring a sermon by an old preacher played by Robert Forster.

"Siberia" (R) -- Keanu Reeves plays Lucas Hill, a diamond merchant who goes to St. Petersburg, Russia, to sell a dubious batch of rare blue diamonds. His partner is murdered, and while he waits for the deal to play out, he is engaged in a game of seduction with the owner of a small cafe, played by Ana Ularu. It's billed as a romantic thriller, or maybe a crime drama, but there's never any

Amber Waves



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"Who do I see about my _____ husband?"

SCRAMBLERS
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Decipher
D O D E C E

Campaign
S A R D U C E

Ancestral
N E G C I T E

Exact
R E C I P E S

TODAY'S WORD

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Creepy	E _ _ _ _ _	Eagle's home	A _ _ _ _ _
2. Nervous laugh	_ I _ _ _ _	Group of ganders	_ A _ _ _ _
3. Swap	_ W _ _ _ _	Tattletale	_ N _ _ _ _
4. Youngster	_ _ _ _ D	Cool down	_ _ _ _ L
5. Boulder Dam now	_ _ _ V _ _	Tap dancer	_ _ _ F _ _
6. Expansive	_ _ O _ _ _	Daily rations	_ _ E _ _ _
7. Dawdle	_ A _ _ _ _	Singer Parton	_ O _ _ _ _
8. Ploughman	_ I _ _ _ _	Longer, vertically	_ A _ _ _ _
9. Forest clearing	_ _ _ D _ _	Scowl	_ _ _ R _ _
10. Give permission	_ _ _ W _ _	Set aside	_ _ _ T _ _

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Laugh a bit with 

Did you hear about the massacre at the IKEA store?
May they rest in pieces!

Just Like Cats & Dogs by Dave T. Phipps



PAW'S CORNER By Sam Mazzotta

Fat Cat Brought to Tears by Diet

DEAR PAW'S CORNER: Help! My 6-year-old cat, "Misti," has a serious weight problem, and the veterinarian said she needs to drop several pounds. The vet told me to feed her less, but Misti cries constantly around feeding time and won't let up until I put more food into her bowl. What else can I do? Are there weight-loss supplements for cats? -- Helen T., via email

DEAR HELEN: Helping your cat lose weight can be a struggle, but we all know that getting Misti down to a healthier weight will improve her quality of life.

There are several supplements and cat foods formulated specifically for cats that say they help with weight control. One supplement, L-Carnitine, may be helpful, but consult Misti's vet first for the proper amount to give her.

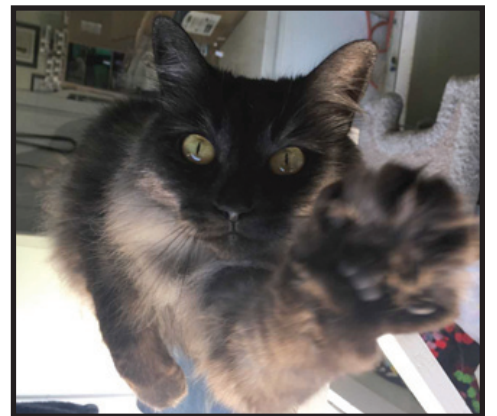
A calorie-restricted diet is the most effective way for Misti to lose weight. However, according to veterinarian and clinical researcher

Dr. Mark E. Peterson, reducing calories alone isn't effective. You must increase the amount of protein that Misti gets and reduce the amount of carbohydrates. The way to do this is to replace part of her dry food with real meat (plain chicken, steamed and cooled, for example). A high-quality canned food also may help increase protein, but read the labels very carefully. To make the diet easier on both of you, prepare Misti's food a few days ahead, separating each day's fresh and dry food into separate containers. Dole out her meals twice a day. Save a little each time and when she cries for more food, place that small amount into her bowl. That trick, plus the increased protein, will help satiate Misti as she adjusts to the new diet.

Send your questions, tips or comments to ask@pawscorner.com. (c) 2018 King Features Synd., Inc.



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SCRAMBLERS

solution

1. Decode;
2. Crusade;
3. Genetic;
4. Precise

Today's Word

ESCAPED

Even Exchange

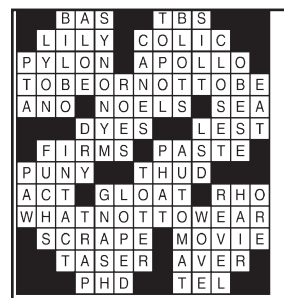
answers

1. Eerie, Aerie
2. Giggle, Gaggle
3. Switch, Snitch
4. Child, Chill
5. Hoover, Hooper
6. Broad, Bread
7. Dally, Dolly
8. Tiller, Taller
9. Glade, Glare
10. Allow, Allot

CryptoQuip

answer

When you suddenly get a great idea about a cloudburst, would you call that a rainstorm brainstorm?



8	1	6	5	7	4	3	9	2
4	7	3	9	2	1	5	6	8
5	2	9	6	8	3	1	4	7
1	6	2	4	9	8	7	3	5
7	9	8	3	5	6	2	1	4
3	4	5	2	1	7	6	8	9
9	3	1	7	4	2	8	5	6
2	8	4	1	6	5	9	7	3
6	5	7	8	3	9	4	2	1



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