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SOAP

by Janet Spencer

Come along with Tidbits as we scrub up!

HOW DOES SOAP WORK?

- Oil and water don't mix. They repel each other like opposite ends of a magnet. Your skin secretes oil called sebum. Splash water on your skin, and the oil repels the water and nothing gets very clean. That's where soap comes in. But before we discuss why soap works, let us discuss what soap is.
- Basically speaking, soap is oil plus alkali. For centuries, that meant fat plus lye. Colonists and pioneers saved fat scraps from their butcher blocks and dinner tables. They also saved the ashes from their fireplace, which they placed in a barrel with a spigot at the bottom. Water, poured over the ashes and left to soak, would form lye which was then drained off from the bottom. The fat scraps would be rendered in a vat over a fire, then the lye would be added. After much stirring and cooking, a chemical reaction would take place and soap was the result. Too much lye, and the soap would be harsh on the skin. Too much fat, and the soap would be greasy.
- The newly formed soap would then be poured into boxes to harden and cure for several months. But why does a combination of fat and ash carry off dirt? Let us get out our microscopes.

turn the page for more

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SOAP (cont'd)

- Water is a molecule composed of hydrogen and oxygen. The hydrogen end of the molecule has a positive charge, and the oxygen end is negatively charged. Oil, however, has neither a positive or negative charge, but carries a uniform electrical distribution. That's why water and oil repel each other. Soap is actually a compound called sodium stearate. Sodium stearate has the properties of both oil and water: partly polar, partly non-polar. That is how it brings oil and water together.
- A molecule of soap is shaped like a snake, with the head being the water-loving sodium compound, and the tail being the water-hating stearates. Add soap to water, and the tail end tries to get away from the water. Add something greasy to the water, and the tail end of the soap molecules rush to cling to the compatible polar charge of the grease molecules. The grease molecule bonds with the stearate tail, and floats away led by the water-loving sodium head.

SOAP HISTORY

- Around 1000 B.C., Romans performed animal sacrifices to the gods on Mount Sapo. The fat from the animals mixed with the ashes of the sacrificial fires. This mix of fat and alkali flowed down to the Tiber River and accumulated in the clay soils. Women washing clothing there found the clay seemed helped get things cleaner.

FAST FACT

- Individually wrapped cakes of soap were first manufactured in New York in 1830 by a soapmaking company called Colgate, now known for its toothpaste. Previously the merchant merely hacked a chunk off a huge block of soap.



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SOAP HISTORY

- The manufacture of soap actually pre-dates Mount Sapo by some number of centuries. A recipe for soapmaking was discovered on Sumerian clay tablets dating back to 2500 B.C. And during excavations of ancient Babylon, archaeologists uncovered clay cylinders containing a soap-like substance which were around 5,000 years old. A complete soap factory was found in the ruins of Pompeii, which was destroyed by the explosion of Mount Vesuvius in A.D. 79.
- Soapmaking did not become an established business until about the 7th century, in Spain and Italy. However, soap remained an

expensive luxury item because it was difficult to manufacture. Soap was often so heavily taxed that it was beyond the budgets of most people. Bathing was out of fashion for many centuries, being considered sinful. When Louis Pasteur proved that cleanliness cuts down on disease, bathing began to become an accepted practice and the use of soap began to rise.

- In 1837, a candle maker named William Procter teamed up with a soap maker named James Gamble. Procter and Gamble discovered how to produce soap in massive quantities and soon they were also selling it in massive quantities. Finally, soap - and bathing - were common.

Continued pg.4

TIDBITS
presents
TRIVIA NEWSFRONT

1. What percent of women will wash their hands in a public restroom if no one else is present?
2. Colgate was the first soap company in the U.S. Name their bar of soap still produced today.
3. The first laundromat was opened in this town in 1934.
4. Public laundries in ancient Rome used what substance to clean clothing?
5. Which U.S. president accidentally left the nuclear codes in his suit pocket when he sent it out for dry cleaning?



TIDBITS GOES LONG.....

Some people will do anything to get into the Guinness Book of World Records. In Paris, France, on September 5, 2001, Ray Macaraeg of San Jose, CA, blew 119 soap bubbles in 30 seconds from a typical kid's soap bubble container. The thing that got him into the record books was that a live tarantula was nestled inside his mouth at the time.

-
- * Keep makeup brushes in tip-top shape: Wash with a good brush cleaner weekly, and store upright in a jar (bristles up). Don't toss them in a box, bag or drawer with your makeup! They may pick up unwanted pigments and the facial bacteria can compromise makeup!
 - * If your dryer is taking a long time to run its cycle and the clothes STILL aren't dry, check your lint trap. Follow the hose all the way to the end, and be sure to check the grate that is in place where the hose exits an exterior wall. Lint can build up here, making it hard for heat and steam to escape. It's also a fire hazard.
 - * "In our house, we use nail polish to distinguish whose plastic leftover containers are whose. My roommate and I both bought the same set (a good deal!), and we painted a little X on the bottom and on the top of the lids in contrasting colors. So I only use

the red dot ones, and she uses the dark blue."
-- M.T.

* "I purchased a couple glass-cleaning cloths that were nice and big. I used my sewing machine to sew the edges together and make a little sack. It stores my reading glasses, and I can keep them clean and not scratched up." -- R.E.

* "I wanted to use my staple gun to attach a cord along a board for a craft project. I taped a craft stick to the bottom so that the staple would not go in all the way, leaving an allowance for the cord. I just used extra-long staples. It worked great and turned out very secure, and I didn't have to worry about a staple slicing up an electrical cord!" -- F.D.

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GRIN and BEAR IT



"Here's the key to the bike rack."



by Samantha Weaver

* It was noted educator and civil-rights activist W.E.B. DuBois who made the following sage observation: "The theory of democratic government is not that the will of the people is always right, but rather that normal human beings of average intelligence will, if given a chance, learn the right and best course by bitter experience."

* Those who make the finest wigs from human hair typically avoid buying hair from Americans. Evidently, hair grown in the United States is more likely to have damage caused by hairspray, hair-dryers, dyes and pollutants.

* You might be surprised to learn that the tiny nation of the Netherlands, located barely 1,000 miles from the Arctic Circle, is the world leader in yield for tomato production, producing 144,352 tons of tomatoes per square mile under cultivation.

* In 1900, a prairie dog colony was found in Texas. That's not surprising -- prairie dogs are fairly common out West -- but this colony was unique. Researchers say it was the largest colony ever discovered, providing a home to 400 million prairie dogs and stretching over 25,000 square miles.

* If you're planning a summer trip to Maine, be sure to visit Peaks Island; the town is home to what is quite possibly the world's only museum devoted to umbrella covers.

* The first seven presidents of the United States were not born American citizens.

* Thanks to continental drift, the Atlantic Ocean is getting about a centimeter bigger every year, and the Pacific Ocean is shrinking by the same amount.

Thought for the Day: "Pride, like laudanum and other poisonous medicines, is beneficial in small, though injurious in large, quantities. No man who is not pleased with himself, even in a personal sense, can please others." -- Frederick Saunders

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Weekly SUDOKU

by Linda Thistle

4				9			5
		7	8			6	
	1			3			7
		2	4				3
	9				5		8
7				6		9	
3				1			4
	6				3	1	
		8	9				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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King Crossword

ACROSS

- 1 "Mamma Mia!" group
- 5 Apprehend
- 8 Colorful fish
- 12 Clay-rich soil
- 13 Blunder
- 14 Portrayal
- 15 Democrat or Republican
- 17 Radiate
- 18 Faucet
- 19 Arouse
- 21 Fireworks reaction
- 22 Delany or Carvey
- 23 Venomous viper
- 26 Zodiac cat
- 28 Passenger
- 31 Prosperous time
- 33 Knock
- 35 Pepsi competitor
- 36 Soothe
- 38 Tatter
- 40 Actor Danson
- 41 A long time
- 43 Bugging device
- 45 Tranquil
- 47 Pencil end
- 51 Impulse carrier
- 52 Multiple marriage
- 54 Expectorate

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15				16					17			
18							19	20				
			21				22					
23	24	25		26		27		28			29	30
31			32		33		34		35			
36				37		38		39		40		
			41			42		43		44		
45	46						47			48	49	50
51					52	53						
54					55				56			
57					58				59			

- 55 Ailing
- 56 Malaria symptom
- 57 Pop
- 58 Oklahoma city
- 59 Untouchable Eliot
- 6 Curved path
- 7 Wide
- 8 Occurring naturally
- 9 Bikini pattern?
- 10 Lotion additive
- 11 Chopped
- 16 Implement
- 20 Card game for two
- 23 Lawyers' org.
- 24 Scale member
- 25 Edwin Land's company
- 27 Rowing need
- 29 — out a living
- 30 Primary color
- 32 Purplish
- 30-Down
- 34 Kneecap
- 37 Longing
- 39 Indiana city
- 42 Brownish tone
- 44 Heathen
- 45 Back talk
- 46 World's fair
- 48 Wise one
- 49 Ostriches' kin
- 50 Deli loaves
- 53 On in years

DOWN

- 1 Swiss peaks
- 2 Animated Betty
- 3 Java neighbor
- 4 Chihuahua
- 5 " — a borrower ..."

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CARLYNE LEE COOKBOOKS



Carlyne Lee lives in the Shuswap and is Author of 15 Cookbooks. For more information or to purchase your own copies of her books you can phone 250-836-3181 or 1-877-812-3181

PENTICTON'S CHOCOLATE CHIFFON CAKE

- 4 squares (4 ounces) unsweetened chocolate, chopped
- 1/2 cup water
- 1/4 cup sugar
- 2 cups flour
- 1 1/2 cups sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 1/2 cup vegetable oil
- 6 large egg yolks
- 3/4 cup water
- 2 teaspoons vanilla
- 6 large egg whites
- 3/4 teaspoon cream of tarter

In pan, combine first 3 ingredients. Cook and stir until chocolate is melted. Cool. In large bowl, sift the next 4 ingredients. Add the oil, egg yolks, water, vanilla and the chocolate mixture. Beat until smooth. With clean beaters and large bowl beat egg whites and cream of tarter until stiff peaks form. Pour batter in a thin stream over egg whites, folding in gently by hand. Pour into ungreased tube or angel food pan. Bake at 325F for an hour and 10 minutes. Invert on wire rack. Cool! (This is such a lovely and light cake.) This recipe is from my "CHOCOLATE LOVER'S COOKBOOK"

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals S

WFSMFSB FQ ZGQDZKZET ZIAT QN
AVHHZAAWVEET RIFE QIGFA, F'M
AIT KT CDNQRZD RIA QRZ BFWQ
NW HIC.

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ADVANCES IN SOAP

- The science of soap continues to march forward. When animal fats were in short supply during World War II, German scientists learned how to make soap using synthetic compounds and petroleum by-products. These are called detergents. Many soaps are made from vegetable oils such as cocoa butter or palm oil. The town of Castile in Spain makes soap using olive oil.
- Soaps and detergents are widely used in industry. Soap prevents hot rubber tires from sticking to their molds. Motor oil contains detergents that break down soot and dust particles, preventing them damaging the engine. Soap polishes jewelry and softens leather. Today Americans spend \$2.2 billion on soaps and detergents annually, averaging 59.5 lbs. per person.

BEATING IT UP

- Ivory soap was first invented in 1879 by Procter and Gamble. At that time, the soap was named White Soap and it sank in the bathtub water just like every other soap. However, a worker one day went to lunch and forgot to turn off the soap-mixing machine. When he returned, he found the vat of soap frothy and bubbling. Mr. Procter came to look over the situation, and decided the soap had not been harmed. The soap was processed and sent out on the market.
- Not long afterward, Procter and Gamble started receiving letters from consumers asking for more of the “floating soap.” Once the company realized what had happened, they decided to beat extra air into all their soap, making it lighter than water. Although it results in giving the consumer less soap for their money, the move proved to be popular. White Soap was renamed Ivory, and the world’s first “soap that floats” was born.

FAST FACTS

- Ivory soap is advertised as being 99.44% pure. What is the other 56/100% made of? Uncombined alkali, carbonates, and mineral matter.
- A single bar of soap produced by a family-

run business in Lebanon and sold in Qatar will run you \$2800. Each bar is infused with gold and diamond powder.

FABULOUS FOOD SNACK FOODS

- In the mid-1960s a researcher for Procter & Gamble came up with an idea for a potato snack that was made of potato dough which was rolled, pressed, and cooked. A food storage technician named Fredric Baur invented a unique method of packaging the curved snacks by stacking them in a canister with a re-sealable lid rather than loose in a bag like most potato chips. By 1968 the new potato product was ready for the market, but it still needed a name.
- Rather than hire an advertising firm to think of a name, officials at Procter & Gamble pulled out the local phone book for Cincinnati, Ohio, which is where the factory was located. They went through the names of the streets, looking through the ones that started with a ‘P’ because

Continued pg.6

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TIDBITS QUOTE

“Anyone’s life truly lived consists of work, sunshine, exercise, soap, plenty of fresh air, and a happy contented spirit.” –Lillie Langtry

Amber Waves



OH BOY, I DON'T FEEL SO GOOD.

I DON'T WANNA WATCH TV. I'M GOING TO GO BACK TO BED.

HI DOCTOR, DOES THIS CONSTITUTE A MEDICAL EMERGENCY?

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by Dave T. Phipps



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Community Events

The Sorrento Lions Club will be holding their first Valentine's Dance on Saturday, February 10th from 7:00 pm to midnight at the Sorrento Memorial Hall, 1150 Passchendaele Rd., Sorrento. Tickets are \$20.00/person and include a light supper and dancing to the music of local entertainer Al Weldon. There will be a 50/50 draw as well as door prizes. All proceeds will go to the Sorrento Food Bank. Tickets are available at Lighthouse Foods in Sorrento and the Blind Bay Village Grocer in Blind Bay or call 250-675-2616.

SORRENTO FOOD BANK Annual General Meeting will be held on Tuesday Feb. 6, 2018 at 4:30 pm at 2804 Arnheim Road, Sorrento
For further information contact: 250-253-3663

Sunnybrae Seniors Hall !! Sat. Feb. 10th Chili Reg. or Veg. Rice & Bun \$6 5:30 - 7:30pm
Come for the Food Stay for the Sunnybrae Coffeehouse!!

1st Annual South Shuswap Seed Swap
Saturday, February 24th at the Blind Bay Hall. 9am to 3pm 2510 Blind Bay Road. Featuring Local GMO FREE Seeds & Produce. FREE to the public. Sponsored by Good Stewart Heirloom Seeds and Produce and Balmoral Farms. For more info call Rebekah Smith at 250-253-1414

Sunnybrae Seniors Hall !! Sat. Feb 17th THE LEGENDARY COUNTRY BREAKFAST ! \$8 (under 12 \$4) 8-11am Fresh Cooked! Delicious!!

Silver Creek Valentines Activity Market Sunday Feb 11th from 10 - 4 Local Crafters and Home based businesses, Fresh Home baked goodies along with Gluten free. Serving Vegetarian Chili and bun regular Chili and bun also available Hearty Vegetable soup with a bun. Come on out and enjoy some food and snacks along with all the other great things available.

Carlin Coffee House Sat. Feb. 3rd at 7 pm. Doors open and Sign up at 6:30 pm. Carlin Hall is now a scent free hall. Hall Rentals at 250-835-8577.

Let's Go to the Hop! February 16, 2018 at the Elks Hall, 3690 - 30 Street NE, in Salmon Arm, BC. Music by Rockstar DJ Liz Blair. Happy Days style menu. No host bar. Tickets \$40 available at Hidden Gems Bookstore in downtown Salmon Arm. Remember when? A Shuswap Association of Writers fundraiser in support of www.wordonthelakewritersfestival.com

Friday, Feb. 9 - Hasta la Pasta 6:00pm at Shuswap Lake Estates: Dinner by donation, dessert and entertainment along with a silent auction as a fundraiser for Mexico Missions. RSVP: hastalapasta.eventbrite.com (tickets available at the door as well depending on availability)

Monday, Feb. 12th - Family Day Carnival 11:00 - 2:00 at Shuswap Lake Estates....50¢ carnival games, concession, face painting, orbs and surprises ~ all proceeds to our Mexico Mission

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SNACK FOODS (cont'd)

they wanted a name that would match the 'P' in potato. In a suburb named Finneytown, they found the perfect 'P' they were looking for, and thus the name of the new potato snack was born.

- It was argued in a court of law that that the snack isn't really potato chips because they only have a potato content of 42%. They were dubbed "potato crisps" instead.
- By the mid-1970s the product was being sold everywhere. Fredric Baur was so proud of his inventive packaging method that when he died in 2008, his will stipulated that he be buried in one. His children honored his request by having him cremated and placing some of his ashes in one of the potato crisp cans he had designed.
- This popular potato snack is now sold in over 100 countries and 45 different flavors have been introduced over the years, forever memorializing the Ohio street it was named after: Pringle Avenue.
- Amedeo Obici was born in Italy. His father died when he was seven, leaving his mother with three children. Amedeo's uncle lived in Scranton, Pennsylvania, where he ran a general store. He asked Amedeo to join him. Amedeo sailed to America at the age of 12.
- He spoke no English, so his destination was written on a tag tied to his coat. When he arrived in the U.S., he was misdirected, put

aboard the wrong train, and ended up in Wilkes-Barre instead of Scranton. A kindly stranger took the crying child to a store run by Italians who could translate for him. He stayed with them while his uncle was contacted, and he noticed the shopkeeper's daughter was pretty. Later he returned to this family, eventually marrying their daughter and helping run the shop.

- At this shop they sold peanuts, roasting them on the premises and using a large fan to blow the scent into the street as an advertisement. Amedeo built a push-cart to sell peanuts on the street, and soon had enough money to send for the rest of his family. He constructed his own peanut roaster out of junkyard components and later invented a method of shelling and skinning peanuts.
- In 1906 he opened a peanut plant, choosing a random name for his company that he thought sounded dignified: Planters.
- The iconic Mr. Peanut logo was drawn in 1916 by a 14-year-old who won a contest sponsored by the company. Amedeo was so taken with the youngster he ended up paying his way through college and medical school.
- To celebrate the company's 100th birthday in 2014, nine young adults drove three 27-foot-long Nutmobiles around the country appearing along the way at stores, sporting events, and concerts.

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TIDBITS Laughs!

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"Hey, Mom, Dad's home — and I think he's already looked in the _____!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Plod

GURTED

Acute

HARPS

Avoid

REGION

Leave

PEACES

TODAY'S WORD

Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|---------------------|-----------|------------------|-----------|
| 1. Deep-red gem | ___ N ___ | Attic | ___ R ___ |
| 2. Smidgeon | ___ I ___ | Boxer's blow | ___ U ___ |
| 3. Actress Field | ___ L ___ | Briny | ___ T ___ |
| 4. Bolshoi show | ___ A ___ | Ammunition | ___ U ___ |
| 5. Dozer's vision | ___ M ___ | Intense fear | ___ D ___ |
| 6. Splinter | S ___ | Dicken's Twist | O ___ |
| 7. Detroit player | ___ G ___ | Rome's river | ___ B ___ |
| 8. Rowling's Potter | ___ R ___ | Laurel's partner | ___ D ___ |
| 9. Pinball gallery | ___ D ___ | Mysterious | ___ N ___ |
| 10. Toast topping | ___ E ___ | Like St. Nick | ___ O ___ |

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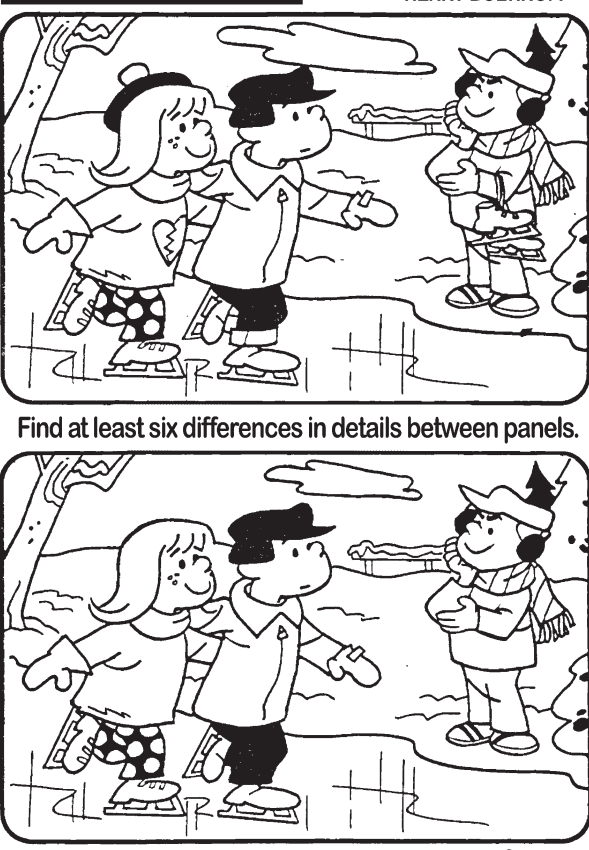
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Find at least six differences in details between panels.

Differences: 1. Hat is missing. 2. Heart is missing. 3. Cloud is smaller. 4. Cuffs are missing. 5. Arm is moved. 6. Skates are missing.

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PAW'S CORNER By Sam Mazzotta

Pet Hospice Care a Growing Option

DEAR PAW'S CORNER: A few months ago, I lost one of my cats, "Enos," to a lengthy illness. He was a senior cat and had a number of issues, like diabetes, that caused him to go downhill fairly quickly. When it became apparent that he was only going to get worse, not better, his veterinarian suggested that we go ahead with euthanasia.

Enos wasn't ready to go, however. He was tired and barely able to walk, but his eyes were still bright and he still responded to us. I asked if there was any other way to ease his pain without putting him to sleep, and the veterinarian suggested hospice care specifically for pets.

This turned out to be a wonderful option. The vet recommended another veterinarian who specialized in pet hospice. There was some additional expense and more time needed to properly care for Enos, but he lived like a king, largely free from pain, for almost six months before passing quietly. I highly recommend that owners of senior pets consider hospice as an option to euthanasia. -- Carol in Boone, North Carolina

DEAR CAROL: Condolences on the loss of Enos. It sounds as if you were able to extend his life comfortably thanks to hospice care.

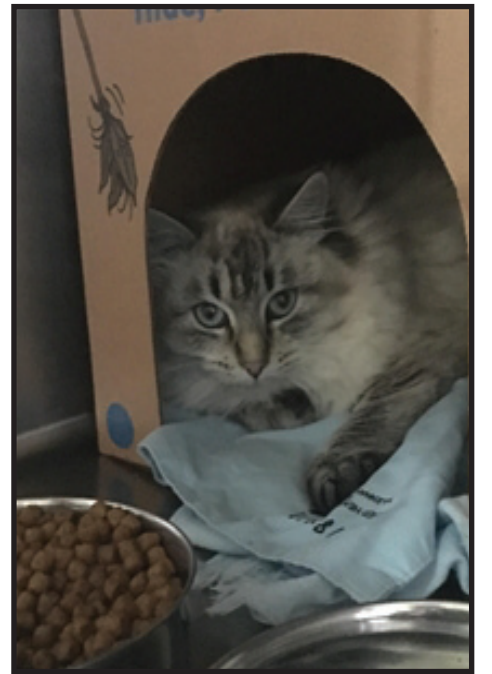
This can be a good option for owners trying to cope with the impending loss of a pet, but it's important to research hospice care and to pair with a veterinarian who is knowledgeable and experienced with this option. It requires much closer observation and care by the owner, and much more frequent treatment by the vet. Owners need to be prepared for the greater investment both time and money.

Send your questions, comments and tips to ask@pawscorner.com. (c) 2018 King Features Synd., Inc.



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Jordyn is a young semi feral cat who is looking for a special home with people who will be able to continue to work with him. He has been bought up using a litter pan, sleeping inside in a nice warm squishy bed with his siblings with a full bowl of food. However... Jordyn has never been cuddled, held, handled, or even petted (willingly). He's been admired from a distance and that's all. Jordyn has a sister called Jorji who is also looking for a home. They will do really well with another confident friendly cat to show them the ropes. If you have a home for Jordyn and possibly Jorji, we would love to talk to you.



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 solution
 1. Trudge; 2. Sharp;
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GARAGE

Even Exchange
 answers
 1. Garnet, Garret
 2. Pinch, Punch
 3. Sally, Salty
 4. Ballet, Bullet
 5. Dream, Dread
 6. Sliver, Oliver
 7. Tiger, Tiber
 8. Harry, Hardy
 9. Arcade, Arcane
 10. Jelly, Jolly

TRIVIA NEWSFRONT ANSWERS
 1. 90% of women will wash their hands in a public restroom if there is someone else present, but only 16% will if they are alone.
 2. Cashmere Bouquet was bar soap introduced in 1872
 3. Fort Worth, Texas.
 4. Laundries in ancient Rome used urine, which contains ammonia, to clean clothing.
 5. Jimmy Carter
CryptoQuip
 answer
 Finding it extremely easy to successfully hail taxis, I'd say my brother has the gift of cab.



4	2	6	1	7	9	3	8	5
9	3	7	8	5	2	6	4	1
8	1	5	6	3	4	2	7	9
5	8	2	4	9	1	7	3	6
6	9	3	7	2	5	4	1	8
7	4	1	3	6	8	9	5	2
3	5	9	2	1	7	8	6	4
2	6	4	5	8	3	1	9	7
1	7	8	9	4	6	5	2	3



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