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TIDBITS® LOOKS IN THE  
**MEDICINE CHEST**  
 by Janet Spencer

Come along with Tidbits as we peek at things found in the medicine chest!

**A HOME REMEDY**

- In the late 1800s, Lunsford Richardson bought a drugstore and started inventing home remedies. He was intrigued by a little-known drug from Japan called menthol. It made a nice balm, which he named Richardson's Croup and Pneumonia Cure Salve.

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**RICHARD'S PICK OF THE WEEK**

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- Although he had over 20 different home remedies, none sold well. His son suggested they abandon all of their other products, which many other companies carried, and focus on the mentholated ointment, which was unique.
- Richardson agreed, but first they needed a better name. Smith chose the last name of his brother-in-law because it was short, simple to spell, and easy to pronounce. The re-branded medicated salve was released in 1912.
- In 1918 when the flu epidemic swept the country, sales soared from \$900,000 to \$2.9 million in just one year. People rubbed it on their chest and throat to ease congestion and used it on sore muscles to improve circulation. The product, now owned by Procter & Gamble, is still made today. What's it called? (answer at top of next page)

turn the page for more

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**Answer: Vicks VapoRub.**

Use Vicks to get rid of toenail fungus and athlete's foot. Rub on your temples to ease headache. Cover embedded ticks to kill them. Dab on mosquito bites to relieve itching. It helps dry acne and eases bruising.

**TOWNSEND R22**

- Francis Townsend was a doctor living in Ocean City, Maryland in 1914. He was disturbed by how often tourists visiting his town would become sunburned on the beach, so he mixed up a healing salve containing camphor, menthol, and eucalyptus to help soothe their burned skin. He called it "Townsend R22." He knew there was a market for the product beyond Ocean City, so he turned the formula over to Baltimore pharmacist George Bunting, who re-named the product "Dr. Bunting's Sunburn Remedy" and packaged it in cobalt-blue glass jars. It was the first real alternative to the greasy medicated creams common at the time.
- Women used it as a facial cleanser and a make-up remover. Still, George struggled to make a profit during the first few years of business, and did all of the work himself. He advertised relentlessly, especially on the radio, and by 1925 he was selling nearly a million jars annually. During World War II, soldiers received the product to help ease tired, overworked feet and soothe dry, chapped, or irritated skin, and after the war, they introduced their wives to the product.
- George branched out and offered new products including shaving creams and medicated tissues. He changed the name of the product when a customer approached him and declared, "Your cream knocked my eczema!" The product is still a favorite face cream today. What's it called?

Answer: Noxzema, short for "no eczema."

**TIDBITS**  
presents  
**TRIVIA NEWSFRONT**


- How many times per year will an average person visit the bathroom?
- Do more people prefer the toilet paper over or under?
- What percent of guests will snoop through their host's medicine cabinet?
- What percent of people crumple their toilet paper instead of folding it?
- How many rolls of toilet paper will the average American household use per year?




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**Monthly Financial Planning Tip From Kailee And Chandra:**

Planning for the succession of your business early on is important. Often times when we see an owner of a business unexpectedly pass away or become disabled there is a financial loss and a reorganization of the business. This reorganization may include bringing in an heir or an outsider, or selling or buying a portion of the business from an heir. Having a succession plan in place beforehand can save a lot of time, money and emotional stress between heirs and shareholders; guaranteeing heirs the full value of their shares, as well as guaranteeing surviving shareholders full ownership of the business. If you need help developing a succession plan for your business, give us a call.

- JOHN'S SHAMPOO**
- By the time John was 21, he was already going bald. It was 1898 and shampoo didn't exist yet. People washed their hair with bar soap, which was harsh, or they used whatever they had on hand, including cornmeal, oils, eggs, lemon juice, or vinegar. Indoor plumbing was still a new invention. John was convinced his balding was due to the poor quality of soaps available. He was determined to find a shampoo that would save his hair.
  - So he went to college and got a degree in chemistry, and then spent the next ten years experimenting. He discovered that the problem with the soaps people used on their hair was that the pH balance was wrong. By 1930 he introduced pH-balanced shampoos formulated for both oily and dry hair, naming the product after himself. It was America's very first shampoo.
  - When customers failed to flock to his product, John hired an artist to create beautiful full-color illustrations of ordinary women with extraordinarily shiny hair, placing the ads in large magazines. It worked. Alas, the shampoo did not keep John's hair from falling out, but he became a very rich bald man.
  - In recent times, commercials for John's shampoo

**Laugh a bit with TIDBITS**

Why did the robber take a bath?

So he could make a clean getaway!

launched the career of several famous models, including Brooke Shields, Kim Basinger, Christie Brinkley, Cheryl Tiegs, and Cybill Shepherd. What's the name of John's shampoo?

Answer: Breck.

**SHAMPOO FACTS**

- The word shampoo comes from the Hindi word "champo" which means "to press or massage."
  - Astronauts wash their hair with a no-rinse shampoo, the kind originally developed for hospital patients who can't take showers.
- RELIEF FOR ROUGH SKIN**
- As a youth, Andrew earned a living as a lumberjack and woodworker. He knew how chapped, dry, and cracked a pair of hard-

Continued pg.4

**TIDBITS GOES LONG.....**

The four biggest bathroom pet peeves, according to a survey: 1) Empty toilet paper rolls; 2) Leaving the seat up; 3) Blobs of toothpaste left in the sink; 4) Toothpaste cap left off the tube.

- 
- \* Use Lego people to hold your charging cables when not in use. Their hands are the perfect size to hold cords, and you can stick the figures to a small Lego base that's secured to whatever is convenient -- a table edge, your night stand or even the wall itself -- with some double-faced tape.
  - \* "New shoes too tight? Wear a pair of thick socks, and slip your shoes on. Run a hair dryer over the areas where it's too tight, and the heat will help those spots expand. Test in an inconspicuous area first if you are unsure that the fabric can take the heat!" -- C.W.
  - \* Got your cellphone wet? Try the rice trick first. Power down if possible and remove the protective cover, then fill a zipper-top plastic baggie with plain uncooked rice. Insert your phone and seal the bag,

- making sure that all parts of the phone are surrounded by the rice. Let it sit for 12 hours so the rice can draw the moisture from your device. Then try to power up.
- \* "Want to seal your sugar bag (or any all-plastic bag)? Fold over the top at least an inch, and cover the fold with a strip of aluminum foil -- both sides. Lay the bag on its side. Iron the fold, which is trapped inside the foil. It melts the plastic inside. Let cool and remove the foil." -- R.Y.
  - \* Need to get into a crevice for cleaning? Position a condiment cap (the ones that come with a squirt bottle) on the hose of a vacuum. Now you can get the crumbs in a keyboard or that little spot under the fridge, etc.

**GRIN and BEAR IT** by Wagner

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by Samantha Weaver

\* It was Irish author and editor Robert Lynd who made the following sage observation: "History may be read as the story of the magnificent rearguard action fought during several thousand years by dogma against curiosity."

\* Historians say that the Halloween tradition of trick-or-treating dates back to the early European tradition of mumming, when costumed dancers would go door to door to perform choreographed routines, as well as songs and plays, in exchange for treats.

\* You might be surprised to learn that on a per-capita basis, Finland has more heavy-metal bands than any other country on Earth.

\* If you're fortunate enough to be planning a trip to Argentina, you'll almost certainly make a stop in Buenos Aires, the capital. While you're there,

keep an eye out for a mobile work by Raul Lemesoff. The artist, known for his eccentricity, converted a 1979 Ford Falcon into a kind of a tank -- it even has a turret that swivels. Instead of soldiers and armaments, however, this tank carries books on shelves both inside and outside the vehicle. Lemesoff drives his "Weapon of Mass Instruction" through the city streets, delivering free books to all comers. His only requirement? Recipients must promise to read what he gives them.

\* You've certainly heard of "Tarzan of the Apes." Edgar Rice Burroughs' 1912 work has been adapted over and over again -- for radio, television, film and more. You probably weren't aware, though, that the novel was such an instant and ongoing success that Burroughs wrote 24 sequels.

\* In a recent survey of pet owners, 43 percent of respondents said that they'd be eating healthier themselves if they ate the same thing they fed their pets.

*Thought for the Day: "What can be asserted without proof can be dismissed without proof." -- Christopher Hitchens*

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by Linda Thistle

	8		1			4						
5						2						9
		1		6						8		
		5				7	9					
3				9	1						7	
	6			4								1
9						3						6
	1						8	7				
		2	6									9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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King Crossword

ACROSS

- 1 Recycling containers
- 5 Cauldron
- 8 Aladdin's —
- 12 And others (Abbr.)
- 13 "Go, team!"
- 14 Israeli airline
- 15 Hamlet's castle
- 17 Theater award
- 18 Aircraft
- 19 Tomorrow, in Tijuana
- 21 Space
- 22 Grand tale
- 23 Ref
- 26 Energy
- 28 Ancestor of Noah

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15				16					17			
18							19	20				
			21				22					
23	24	25		26		27		28			29	30
31			32		33		34		35			
36				37		38		39		40		
		41			42		43		44			
45	46						47			48	49	50
51					52	53						
54					55				56			
57					58				59			

- 31 Equitable
- 33 Knock
- 35 Great Lake
- 36 Possessed
- 38 24 hours
- 40 Corn spike
- 41 "Yeah, right!"
- 43 Pirouette pivot
- 45 Just say no
- 47 Senator's minimum age
- 51 Fermi's particle
- 52 One of Alvin's cohorts
- 54 Certain
- 55 Mangy mutt
- 56 Hebrew month
- 57 The — Piper of Hamelin
- 58 Coop dweller
- 59 Rod partner
- DOWN
- 1 Honk
- 2 " — have to do"
- 3 Houston acronym
- 4 David's weapon
- 5 Flourish
- 6 Scull tool
- 7 Central
- 8 Strong and regal
- 9 Tuna type
- 10 Primary
- 11 Entreaty
- 16 Tide type
- 20 Mimic
- 23 E.T.'s craft
- 24 Gullet
- 25 Ship in a Gilbert & Sullivan work
- 27 Cushion
- 29 Spy org.
- 30 Yon maiden
- 32 Picked up where you left
- 34 Seamstress' aid
- 37 Insult (Sl.)
- 39 Pirate's refrain
- 42 Command to Fido
- 44 Duck down
- 45 Grate
- 46 Needle case
- 48 Portrayal
- 49 Verifiable
- 50 Holler
- 53 Coloration

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Carlyne Lee lives in the Shuswap and is Author of 15 Cookbooks. For more information or to purchase your own copies of her books you can phone 250-836-3181 or 1-877-812-3181

LUMBY'S PLUM UPSIDE-DOWN CAKE

- 4 tablespoons butter
- 1 cup brown sugar
- 10 plums, halved and pitted
- 1/2 cup shortening
- 2/3 cup sugar
- 1 teaspoon vanilla
- 2 eggs
- 1 2/3 cups white flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 2/3 cup milk

Preheat oven to 350F. Melt butter in a 9 inch cast iron frying pan or ovenproof frying pan. Add the brown sugar and cook until thick and bubbly. Remove from heat and carefully (it's hot!) arrange the plums cut side down in a layer in the pan, pressing them into the hot syrup. Beat shortening in a large bowl, add sugar, eggs and vanilla. Beat until fluffy. Add the flour, baking powder and salt. Add to creamed mixture along with the milk. Beat. Spread evenly over the plums. Set the frying pan on a cookie sheet in case it boils over. Bake 45-55 minutes. Let cake cool several minutes before turning it onto a serving plate, fruit side up! Delicious with whipped cream! (This recipe is from the book that supports Breast Cancer Research "ALL MY BEST TO YOU! SINCERELY, CARLYNE LEE") October is Breast Cancer Awareness Month.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: D equals P

DTDKELA JATLCMLN XKUHVLE

LJTKF L ZAHYGFZKE ZATY MGT

JIVLXI L CIXTQ JLAJIA:

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Medicine (continued):

working hands could become. By the time he was 30, he had quite a large amount of money saved up, and he was also tired of being a lumberjack, so he invested his money in a soap-making firm run by Charles Geilfus in Cincinnati. They became partners in 1882, naming the firm the Andrews Soap Company.

- They started out with a single soap-making vat which they took turns tending, but the company grew quickly. A coconut oil soap they developed was particularly effective in hard water. Because hard water was so prevalent, the soap became very popular and their fortunes grew. They bought more vats, and by 1901 they were successful enough to buy out the Robert Eastman Company, which produced perfumes, creams, and a lotion. The lotion, called "Benzoin and Almond Lotion Compound" was superior to any other lotion on the market. Andrew changed the name of the lotion, using his last name.
- The company focused their advertising on women, just when women were beginning to prefer store-bought items over homemade. Following aggressive marketing in magazines, radio, and in-store displays, the lotion became the top-selling lotion in the U.S. The entire Andrews Soap Company was re-named for Andrew. Today it's a leader in personal care products. What was Andrew's last name?

Answer: Jergens.

**TIDBITS QUOTE**

"My kids always perceived the bathroom as a place where you wait it out until all the groceries are unloaded from the car." —Erma Bombeck

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**FACT**

- Chemist Theron T. Pond invented a moisturizing cream in 1846, based on healing witch hazel. Pond's creams were marketed as burn remedies until 1904, when they started being sold as "vanishing" beauty creams.

**Amazing Plants**

**CORDYCEPS**

- Some of the most horrifying and fascinating members of the plant kingdom are found in the genus of fungi called "Cordyceps," sometimes called "zombie fungus." The word cordyceps springs from the Greek meaning "club head" for the shape the fungus typically takes as it grows out of the body of its hijacked victim. There are hundreds of different species of Cordyceps, and each one infects a different insect.
- One type infects a particular species of ant. It starts when the ant walks across some fungus spores. The spores latch on to the ant and cannot be dislodged. The spores use enzymes and pressure to bore a hole through the ant's exoskeleton, providing access to the ant's nutritious body parts as well as the brain.
- After incubating for two weeks inside the ant's body, the fungus is able to control the ant's brain. It then forces the ant to crawl up to a tall tree near the anthill, latch onto the underside of a leaf with a death grip, and remain still. In this position of optimal humidity and temperature, the fungus consumes

the ant's body, killing it, while a club-shaped stalk erupts from the ant's head.

- After maturing for three weeks, spores are released that rain down upon the anthill below, continuing the cycle. In this way, the fungus is often able to wipe out entire colonies of ants. When healthy ants discover an infected ant, they will carry the doomed ant far from the nest in an effort to avoid this fate. The battle between fungus and insect prevents the insect population from getting out of control.
- Fossils show that this parasitical relationship has been going on for at least 48 million years.

- A particular species of Cordyceps will infect a particular species of ant. Experiments to try to infect ants with different strains of the fungus have failed, showing that the fungus and the ant co-evolved and cannot cross over. "It's one of the most complex examples of parasites controlling animal behavior that we know about," says entomologist David Hughes.
- Some Cordyceps species are sources of biochemicals with interesting biological and pharmacological properties. Extracts are used

**Continued pg.6**






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Just Like Cats & Dogs

by Dave T. Phipps



cheek swabbed to calm their fears.

- Ninety centuries and 300 generations after Cheddar Man died, Bryan Sykes found a direct descendant living just half a mile away from the cave: the teacher, named Adrian Targett, is a direct descendant of Britain's oldest known resident. This set a record for the world's most distant confirmed relative.
- Targett was born in Bristol, just 15 miles (24 km) away from the cave. "I've been in the cave a few times, but I never realized it was home," he quipped when informed of the news. "I'm thinking of writing to the Marquess of Bath, who owns these caves, and saying, I'd like my cave back." Targett added, "I'm a history teacher. But I teach modern history, so Cheddar Man's a bit out of my period. I have to admit that I know next to nothing about him."
- Bryan Sykes believes there are probably a lot of Cheddar descendants out there. He and a team at Oxford are making a genetic map of all of Europe and they estimate about 1 to 1.5 percent of Britain's population is likely to share the same mitochondrial DNA markings found in Cheddar Man and Mr. Targett.
- When Cheddar Man died, humans were still hunter-gatherers. It would be another thousand years before farming was invented. Targett, by contrast, sings in the town's choir, plays bassoon in the school orchestra, likes his steaks rare, and is a steam engine buff. He doesn't hunt and rarely gathers.
- "The point is that we've all got 9,000-year-old ancestors," he said. "I just happen to know who mine was."

**HOCUS-FOCUS** BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Cars are different. 2. Stripes are missing. 3. Number is different. 4. Scoreboard is missing. 5. Neckline is different. 6. Book is missing.

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PAW'S CORNER By Sam Mazzotta

Beyond Microchipping

DEAR PAW'S CORNER: I'm fine with microchipping my pets. I have a 2-year-old collie mix, "Bard," and a 5-year-old cat, "Millie," and both are chipped. But I worry that if they get out of the house and get lost, I'll have to rely on strangers getting them to a veterinarian or shelter to have their chip scanned. I'd like to take finding my pets into my own hands. -- Carl G., Madison, Wisconsin

DEAR CARL: With the rise of the smartphone and an increase in small, wearable technology, you can take a more active role in finding your pets. A microchip is an important component because unlike a collar, it won't fall off, making it the best backup if your pet is lost.

However, advanced pet technology is out there, and a huge number of pet owners are taking advantage of it. The Los Angeles Times reported that 43 percent of dog owners now own an electronic tracking device, based on an APPA survey.

Tracking collars like the LinkAPC sync with a smartphone app that reports your dog's location on demand. It includes a fitness tracker. That collar will run you almost \$150, but there are budget trackers like the TrackR Bravo, a small device which costs just under \$30 and attaches to your dog's collar.

Pet owner networking apps also are popular, allowing neighbors and friends to connect with each other through their pets. They can serve as places to ask for help in finding a lost pet, essentially sending out an APB to other owners and thereby reaching much farther than just posting "lost pet" fliers around the neighborhood.

Adding any of these products or apps can give you greater control over locating your pets should they get out.

Send your questions, comments and tips to ask@pawscorner.com. (c) 2017 King Features Synd., Inc.



250-832-7376

Clover is a 1 and 1/2 year old indoor cat who is on the quieter side, and would suit a cat experienced home with no other animals or small children. She is an affectionate girl who enjoys a bit of play, but mostly would like to be pampered and loved. If clover sounds like your cat please come meet her at our shelter.

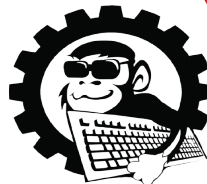


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1. Signal; 2. Shape;
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Today's Word

**PENTAGON**

Even Exchange

answers

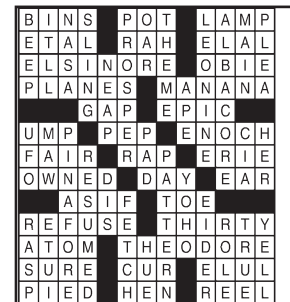
- |                   |                   |
|-------------------|-------------------|
| 1. Stream, Scream | 6. Grace, Grape   |
| 2. Bride, Brine   | 7. Armor, Arbor   |
| 3. Novice, Notice | 8. Casino, Casing |
| 4. Count, Court   | 9. Pewter, Pester |
| 5. Dapper, Damper | 10. Blink, Bling  |

CryptoQuip

answer  
Popular Broadway musical about a frightful frog who became a demon barber: "Sweeney Toad."

TRIVIA NEWSFRONT ANSWERS

1. The average person visits a bathroom 2,500 times per year.
2. More people prefer their toilet paper over rather than under.
3. About 70% of guests will take a peek in another person's medicine cabinet.
4. 90% of people crumple their toilet paper instead of folding it.
5. The average household uses 75 rolls of toilet paper every year.



2	8	6	1	5	9	4	3	7
5	3	7	8	4	2	6	1	9
4	9	1	7	6	3	2	8	5
1	4	5	3	2	7	9	6	8
3	2	8	9	1	6	5	7	4
7	6	9	4	8	5	3	2	1
9	7	4	2	3	1	8	5	6
6	1	3	5	9	8	7	4	2
8	5	2	6	7	4	1	9	3



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