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GUM
by Janet Spencer

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JUST DESSERTS

- In 1898 the "New York Daily Tribune" ran an article from London which warned, "Health authorities here have issued a warning against American chewing gum, which is fast becoming a rage among the children of the East End. The authorities consider it more dangerous than the 'ice cream' which the Italians sell in the street, and which has been the subject of a rigorous crusade."
- Some 35 years later, it was still widely thought that chewing gum would exhaust the salivary glands and lead to an early death.
- Today we know that it does not lead to an early death; nor does it cause buck teeth or clog the intestines when swallowed. The Wrigley Company advertised that gum would steady nerves, sweeten breath, soothe the throat, relieve thirst, quicken appetite, aid digestion, and improve teeth—and all these claims are true. Gum stimulates blood flow to the mouth; increases jaw strength; relieves pressure in the ears from flying; and can curb the craving for a cigarette.

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WILLIAM WRIGLEY

- William Wrigley worked as a travelling soap salesman for his father. He later opened a branch soap factory, and began giving away premiums and gifts to people who ordered his products. Next he started a baking powder company on the side, and gave away two packs of gum with each can. When he found out how popular the gum was, he quit soap and baking powder in favor of making gum.
- Wrigley once said, "Anybody can make gum. The problem is selling it." He decided the solution was advertising, and he turned into not only the world's largest gum manufacturer, but also the world's largest advertiser. He spent \$100,000 on an advertising campaign in New York City that flopped. So he tried spending another \$100,000 just on Broadway, and it also flopped. Then he spent \$100,000 advertising in small New York towns, buying every billboard, all the streetcar space, and huge newspaper spreads. Orders poured in. He was more than repaid for his previous losses.
- He sent coupons to every grocer in the nation for a free box of gum. Sales tripled. "Tell 'em quick and tell 'em often" was his motto. He got his poster on every one of the nation's 62,000 streetcars; spent \$14,000 to light a sign in Times Square; mailed 4 sticks of gum to every person listed in every phone book in America; erected a chain of billboards half a mile long, containing 117 signs; and started wrapping gum in redeemable wrappers with over a thousand premiums to choose from.
- When a recession hit in 1910 and World War I started in 1914, Wrigley said, "People chew harder when they're sad"— a theory later substantiated when sales soared during the Great Depression



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TIDBITS
presents

TRIVIA NEWSFRONT

1. How many inches in diameter was the world's largest bubble gum bubble?
2. What country has the most chewing gum factories?
3. How long is the world's largest chewing gum wrapper chain?
4. What percent of gum sold is bubble gum?
5. What's the most popular flavor of gum?

and World War II. By 1910, William Wrigley's gum was the most popular in the nation. Today, Wrigley's gum still holds 35% of the U.S. chewing gum market.

GUM IN WAR

- Because gum is effective at relieving thirst, it was widely used in World War I, and a massive campaign to get gum to the troops was begun. Wives and sweethearts were asked to send it to their men.
- During World War II, gum chewing among military personnel was six times greater than among civilians. It acted as a substitute for toothbrushes, increased morale, reduced tension, and promoted alertness.

TRIVIA NEWSFRONT ANSWERS

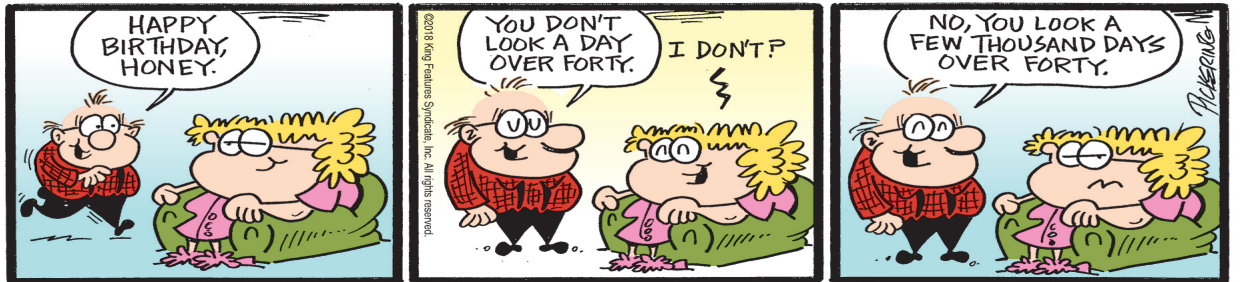
1. The largest bubble ever blown was 23 inches (58 cm) in diameter on July 19, 1994 by Susan Montgomery Williams of Fresno, California.
2. Turkey
3. The longest chewing gum wrapper chain on record was 7,400 feet in length (nearly 1.5 miles / 2.2 km) and was made by Cathy Ushler of Redmond, Washington between 1969 and 1992.
4. 20% of gum sold is bubble gum.
5. 50% of gum sold today is mint flavored.

- Gum was used as war propaganda during World War II. A shipment of gum wrapped in special wrappers, with one side bearing the crossed flags of the U.S. and Philippines, and the other side saying, "I Shall Return—MacArthur" was dropped from planes over the occupied Philippines.

Continued pg.4

by Jeff Pickering

The Spats



* Getting ready to go back to school? Remember: Kids' backpacks should weigh no more than 20 percent of their body weight, and the child should properly use both shoulder straps for the best fit and least stress on the back.

* What's the best way to get a bloodstain out of clothing? Douse the stain with hydrogen peroxide and then wash as usual.

* Recipe substitutions: If you need 1 teaspoon of baking powder, use 1/4 teaspoon of baking soda plus 1/2 teaspoon of cream of tartar.

* To get outdoor cushions clean before storage, mix warm water, 1 tablespoon of borax and 1 teaspoon of sudsy dish soap in a bucket. Use to scrub your cushions, then rinse with a sprayer hose and

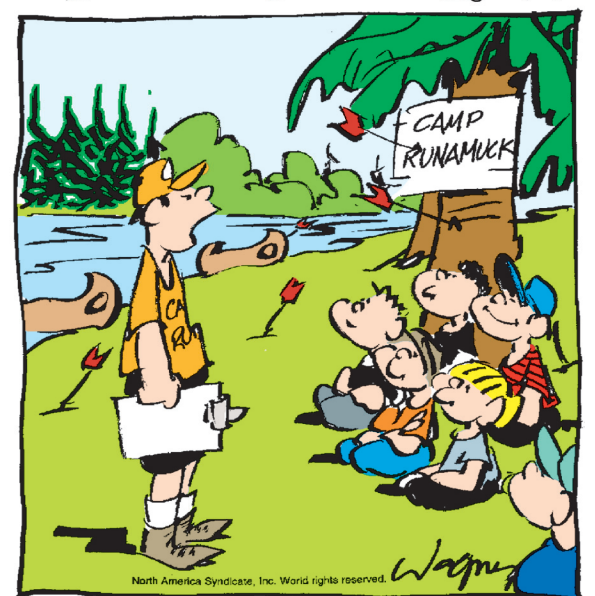
allow to dry. We do this at the start of the season as well.

* PSA: It's still hurricane season. Be prepared by grabbing a few extra canned goods or a gallon of water on each trip to the grocery. It beats the rush when a tropical storm is on its way.

* "The refuse containers that our city provides for street pickup are huge. Their size doesn't stop them from getting stinky like the old smaller ones, but they are harder to clean -- you'd almost have to crawl in there to get the gunk off the bottom. The kids ingeniously decided to use an old broom to clean the bins, coupled with a blast of water on the jet setting." -- C.C.

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GRIN and BEAR IT



"GOOD NEWS! It looks like your archery instructor will pull through!"



by Samantha Weaver

* It was American author, journalist and psychoanalysis researcher Judith Viorst who made the following sage observation: "Infatuation is when you think that he's as sexy as Robert Redford, as smart as Henry Kissinger, as noble as Ralph Nader, as funny as Woody Allen, and as athletic as Jimmy Connors. Love is when you realize he's as sexy as Woody Allen, as smart as Jimmy Connors, as funny as Ralph Nader, as athletic as Henry Kissinger and nothing like Robert Redford -- but you'll take him anyway."

* Records show that during the last seven months of Elvis Presley's life, he had 5,300 different medications prescribed for him.

* Those who study such things say that Labor Day is Americans' third most favorite holiday, ranking only after Christmas/Hanukkah and Memorial Day. Also, a quarter of Americans are expected to travel out of town over the holiday

weekend, with the most popular destinations being New York City, Los Angeles, Las Vegas, Orlando and Chicago.

* In the TV show "Charlie's Angels," it was a requirement that each of the stars had eight different outfits for each episode.

* The country of South Africa has a grand total of 11 official languages.

* Now that fall is approaching, here are a couple of interesting tidbits for parents: In the United States, the average K-12 student has \$688 in back-to-school expenses. For the average college student, that goes up to \$970.

* You may be surprised to learn that the first Caesar salad was actually created in Tijuana, Mexico.

* For reasons that aren't quite clear, in Sweden, it's illegal to train a seal to balance a ball on the tip of its nose.

Thought for the Day: "The most dangerous strategy is to jump a chasm in two leaps." -- Benjamin Disraeli

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Weekly SUDOKU

by Linda Thistle

		6		7			9	
4			9					8
	2				3	1		
1			4		8			3
	9			5				4
		5	2			6		
9				4				5
	8		1					3
		7			9	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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King Crossword

ACROSS

- 1 - -relief
- 4 "Conan" network
- 7 Easter flower
- 8 Baby's ailment
- 10 Traffic cone
- 11 Moon mission name
- 13 Shakespeare's best-known query
- 16 "I'll take that as -"
- 17 Carolers' tunes
- 18 Vast expanse
- 19 Coloring agents
- 20 For fear that
- 21 Corporations
- 23 Paperhanger's need
- 25 Scrawny
- 26 Dull sound of impact
- 27 Performance
- 28 Show smug satisfaction
- 30 Pi follower
- 33 TLC make-over series
- 36 Abrade
- 37 Film
- 38 Shocking weapon
- 39 State
- 40 High deg.

		1	2	3		4	5	6				
		7				8				9		
10						11				12		
13					14					15		
16				17						18		
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		21	22				23	24				
25						26						
27					28	29				30	31	32
33			34						35			
	36								37			
			38						39			
					40				41			

- 41 Aviv lead-in candy hip-hop parlance
- 9 Storage area
- 10 Bake sale org.
- 24 Self-service diner
- 12 Not just plump
- 25 Pussy foot?
- 26 Carrier
- 28 Grind the teeth
- 29 Ran easily
- 30 Make merry
- 31 Barber's concern
- 32 Raw rock
- 34 Snare
- 35 Worked on a loom
- 1 "The Hobbit" hero
- 2 Lotion additive
- 3 Thesaurus entry
- 4 "Fiddler on the Roof" star
- 5 Rorschach pictures
- 6 Riverbed deposit
- 7 Rhone city
- 8 Christmas
- 14 Shad delicacies
- 15 Chow down
- 19 Parched
- 20 "Acid"
- 21 Botanist for whom a reddish-purple flower is named
- 22 Unbroken
- 23 Excellent, in

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CARLYNE LEE COOKBOOKS



Carlyne Lee lives in the Shuswap and is Author of 15 Cookbooks. For more information or to purchase your own copies of her books you can phone 250-836-3181 or 1-877-812-3181

PLUM NUTMEG PIE

- Pastry for a double crust 9 or 10 inch pie
- 5 cups plums (tart, purple prune plums are best)
- 1 1/2 tablespoons lemon juice
- 1 1/4 cups sugar
- 3 tablespoons cornstarch
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/2 teaspoon salt
- 2 tablespoons butter

Preheat oven to 425F. Toss all ingredients except butter with the cut plums. Pour in to unbaked crust and dot with butter. Put on top crust (or lattice.) Vent crust to let air escape. Bake for 1/2 hour then lower heat to 375F for another 1/2 hour. (This recipe is from my PIES (Over 100 pies and pie crusts Cookbook.) Please try my Canning book as well as the Pickles Book and the Freezing and Drying Fruits and Vegetables Book too.)

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals D

BDKZ PAV CVXXKZTP MKY W MEKWY

QXKW WRVAVY W NTAVXRVECY,

BAVTX PAV NWTT YDWY W

EWQZCYAEJ REWQZCYAEJ?

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TIDBITS

NUGGET OF KNOWLEDGE

In the U.S. alone, the total amount of chewing gum sold in one year would make a stick 3.5 million miles long. That's long enough to reach the moon and back seven times or to circle Earth's equator 150 times.



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STICKY SITUATIONS

- The ancient Mayans chewed plain chicle which is the sap from the sapodilla tree. The word "chicle" springs from the Aztec phrase meaning "sticky stuff." Chicle formed the base of Chiclets chewing gum. Today most gums are made from food-grade polymers and petroleum-derived chemicals.
- The first bubble gums couldn't be removed from the face unless scrubbed with turpentine. "Dry" bubble gum wasn't invented till 1928.
- One airline spent \$7,000 to remove gum from the bottom of plane seats, then ruled that patrons could no longer chew gum to keep their ears from popping.
- Grand Central Station once employed a man to scrape used wads off the bottom of chairs every night. He averaged a nightly haul of 7 lbs. of used gum— 14 lbs. (6 kg) on holidays.
- In San Luis Obispo, California, there's a wall where people stick their used gum. It's called "gum alley" and people have made large designs and spelled out words with gum wads on the brick wall.

IT'S A FACT

- The British Royal Air Force Dirigible R-34 was over the middle of the Atlantic on the way to America in 1911. Suddenly the forward motor started hissing and began to overheat. The water jacket had sprung a leak. All the adhesives and putties on board failed to plug the leak. In desperation, ten crewmen were each given a pack of gum and told to chew as if their lives depended on it— which it did. The wad of gum plugged the leak when everything else had failed.

GUMBALL MACHINES

- The Fler gum company was the first to sell gumballs in a penny dispenser. An enterprising vending machine salesman convinced the company's president to go with the machines by challenging him to an experiment. He suggested putting a penny vending machine at an extremely windy tourist spot in New York with a sign saying "Drop a penny in the slot and listen to the wind blow." When the machine filled up with pennies, Fler ordered a fleet of the machines.
- In Columbus, Ohio in 1939, a ladies club was trying to raise money for a children's wing at the hospital. When they learned that merchants collected 20% of the take from gumball machines, they asked businessmen to donate the proceeds to the hospital. In just



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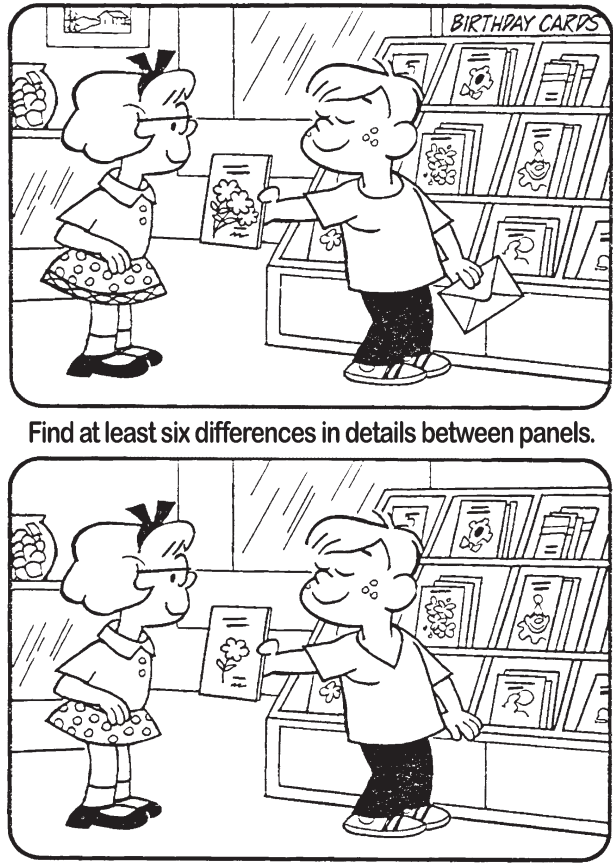
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HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Picture is missing. 2. Skirt is missing. 3. Card is different. 4. Neckline is different. 5. Card sign is missing. 6. Envelope is missing.

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six months the children's ward was finished. Today, some 3,500 service clubs collect about \$2 million a year from gumball machines.

TIDBITS QUOTE

"I had a stick of Carefree gum, but it didn't work. I felt pretty good while I was blowing that bubble, but as soon as the gum lost its flavor, I was back to pondering my mortality."
-Mitch Hedberg

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IT'S A FACT

- In 1926 a woman told a convention of cosmeticians that chewing gum was responsible for making women's faces "hard as the crockery of a railroad lunch counter." She maintained that all the muscle movement of gum chewing made women's faces ugly. Someone else defended gum by pointing out that hard-faced, large-jawed women existed long before the invention of gum.

Fabulous Food
CRACKER FACTS

- Sylvester Graham was a minister in the early 1800s. He became an advocate for healthy living, and encouraged his followers to adopt vegetarian diets, avoid alcohol, take cold baths, use hard mattresses, wear loose clothing, and drink only water.
- Most especially, he felt that refined flour was unhealthy. Not only were nutrients removed from the grain as it was processed, but contaminants were added that bleached the flour white, and he felt those bleaching agents were often poisonous.
- Thousands attended his lectures, while others rioted when he came. In 1837 he published a booklet called "Treatise on Bread and Bread Making" in which he instructed wives to bake their own bread using coarsely ground whole-wheat kernels. Simultaneously, he began to market barrels of unprocessed and unsifted ground grains.
- He also invented a cracker made from whole grains, and this cracker was named for him. Sylvester died in 1851 at the age of 57, but today we continue to consume the sweet cracker that still carries his name, though today it is made from the same processed and refined wheat flour he hated so much. Still, his cracker is a staple in the American diet, most often associated with pie crusts and S'mores: Graham crackers.
- Henry Perky designed rail cars. But one morning in 1892 he was eating breakfast in a restaurant in Nebraska when he noted that the man next to him was eating boiled wheat. When he asked the man why he was eating that, the man replied that he had stomach problems and this was the only thing he could digest for breakfast. Perky himself suffered from tender digestion, so he began adding boiled wheat to his diet and found it eased his indigestion.
- After experimenting, Henry Perky developed a wheat cereal. But he wasn't interested in cereal; he was interested in the machines that make cereal. With the help of a mechanic, Perky developed a machine consisting of two

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rollers that squashed grain between them in such a way that it produced endless strings of compressed grain formed into little "wheat mattresses." He wanted to sell these wheat-mashing machines to bakeries.

- He patented the invention and started up the Cereal Machine Company in 1895, but the cereal became so popular that he never had a chance to market the machines before he was

up to his neck in orders for cereal. By 1898 it was being sold all over the world.

- The popularity of the cereal spurred him to invent wheat crackers as well. The company Perky formed was sold to the National Biscuit Company in 1928, now known as Nabisco. The cereal and the crackers are still produced: Shredded Wheat and Triscuits.

Continued pg.6

Celebrating 10 Years
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FLASHBACK
By Mick Harper



1. What group wrote and released the 1979 song "Tragedy"?
2. Which duo released "Rainy Days and Mondays"?
3. Name the artist who co-wrote and released "You Ought to Be with Me."
4. Who released "Runaway Child, Running Wild"?
5. Name the song that contains this lyric: "Some people go around the world for love, But they may never find what they dream of."

Answers

1. The Bee Gees. The song went to No. 1 in the U.K. and then did the same a month later in the U.S.
2. The Carpenters, in 1971. The song was penned by then unknowns Paul Williams and Roger Nichols, who went on to write hits for many artists.
3. Al Green, in 1972, from his "Call Me" album. The song topped the R&B chart and sold over a million copies.
4. The Temptations, in 1969. The song describes a young boy, alone and frightened on the streets, and tells the boy to go home.
5. "What You Won't Do for Love," by Bobby Caldwell, in 1978. Caldwell's record company went out of its way to hide the fact that he was a blue-eyed soul singer and released the record to R&B stations. The secret came out, however, when Caldwell started performing in public.

TIDBITS®

Laughs!

Q: What do bees chew?
A: Bumble-gum.

The Garden Bug

Planting for fall
Late summer is the time to plant starters or seeds of green onions, carrots, beets, lettuce, spinach, radishes, turnips, rutabagas and winter cauliflower (shown). Source: www.extension.umn.edu

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TIDBITS® GOES LONG.....

The largest piece of bubble gum ever was equal in size to 10,000 regular Bazooka pieces, and was presented to baseball player Willie Mays by the Topps Chewing Gum Company in June of 1974. He donated it to a local children's hospital.

- During the days of the Roman Empire, bakers invented a new product. First they made a loaf of dough without using oils or butter. Next they'd put a slab of dough into the oven. Once cooked, they sliced it into individual portions and baked the slices again. This removed all moisture, making it crisp and dry, and giving it an extraordinarily long shelf life. The long shelf life was handy during wars, journeys, and sea voyages.
- After the fall of the Roman Empire, these crackers popped up in Tuscany, Italy, thanks to a local baker who served them with wine. Their popularity spread, and even Columbus packed these sweet crispy crackers on his voyages. In Italy they are eaten with wine; in England with tea; and in America with coffee. The name for this item comes from the Latin words "bis" meaning twice, and "coctum" meaning baked: biscotti, from which we also get the word "biscuit."

SQUIRRELS

- There are about 285 squirrel species worldwide, ranging from tree squirrels and flying squirrels to chipmunks, woodchucks, prairie dogs, and marmots. They're all in the Sciuridae family, which comes from the Greek words "skia" (shadow) and "oura" (tail) due to the fact that they have tails that are big enough to cast a shadow.
- Squirrels are native to every continent except Australia and Antarctica. The most common squirrel in America is the gray squirrel.
- Squirrels range in size from the five-inch (13 cm) African pygmy squirrel to the Indian giant squirrel or China's red-and-white giant flying squirrel, both of which can grow more than 3 feet long (.9 m) (including the tail) and weigh up to four pounds (1.8 kg).
- A squirrel's upper and lower incisors grow continuously, at a rate of about six inches (15 cm) per year. This helps the teeth endure constant gnawing.
- They can leap ten times their body length. They can run up to 20 mph (32 km/h) in short bursts and sustain speeds of about 10 mph (16 km/h). When climbing, they can turn their ankles 180 degrees. Their hind legs are double jointed so they can climb and run very quickly. They have 4 toes on their front feet and 5 toes on their back feet with claws that have a marvelous ability to grip. Their eyes are positioned so they can see behind them. Squirrels can fall from heights of up to 100 feet (30 m) without injuring themselves.
- Flying squirrels can't really fly; they just use flaps of skin between their limbs to glide from tree to tree. Their acrobatic leaps often span 150 feet (46 m), with some species covering nearly

- 300 feet (91 m) in a single glide.
- Squirrels are mainly active during the day. They communicate using complex systems of high-frequency chirps and tail movements.
- When threatened, they run in a zigzag pattern to escape hawks and other predators that cannot change direction quickly.
- They eat their own body weight in food every week. They are omnivorous and eat insects, smaller rodents, baby birds, lizards, snakes, buds, plants, fruits, seeds, and eggs. Some squirrels make "mushroom jerky" by picking mushrooms and hanging them to dry on tree branches to preserve them over winter. Squirrels, like many rodents, can't vomit.
- A female squirrel can give birth to two or three litters in a year. Baby squirrels, called kits, will only urinate and defecate in their mother's mouth so that the mother can dispose of the waste outside the nest to keep predators from detecting the scent. When the kits leave the nest, they seldom travel farther than two miles (3 km) from home. Their average lifespan in the wild is about six years.
- Adult squirrels normally live alone, but they sometimes nest in groups during severe cold spells. They've been known to adopt the orphaned kits of their relatives.
- Squirrels don't hibernate in winter, instead relying on caches of acorns and other nuts they buried earlier in the year. Squirrels protect these caches with anti-theft precautions, such as digging fake holes to deceive onlookers or digging up and reburying their food multiple times. They create hundreds of caches per year, but thanks to a sharp memory and a strong sense of smell, they recover between 40 to 80 percent. Some species are able to smell food under a foot of snow. Unrecovered acorns and other nuts often sprout into new trees.

LAFF - A - DAY

"Mr. Merrill isn't seeing anyone this morning. He broke his glasses."

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"Who do I see about my _____ husband?"

SCRAMBLERS
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Decipher
DODECE

Campaign
SARDUCE

Ancestral
NEGCITE

Exact
RECIPES

TODAY'S WORD

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Creepy	E _ _ _ _ _	Eagle's home	A _ _ _ _ _
2. Nervous laugh	_ I _ _ _ _	Group of ganders	_ A _ _ _ _
3. Swap	_ W _ _ _ _	Tattletale	_ N _ _ _ _
4. Youngster	_ _ _ _ D	Cool down	_ _ _ _ L
5. Boulder Dam now	_ _ _ V _ _	Tap dancer	_ _ _ _ F _
6. Expansive	_ _ O _ _ _	Daily rations	_ _ E _ _ _
7. Dawdle	_ A _ _ _ _	Singer Parton	_ O _ _ _ _
8. Ploughman	_ I _ _ _ _	Longer, vertically	_ A _ _ _ _
9. Forest clearing	_ _ _ D _ _	Scowl	_ _ _ _ R _
10. Give permission	_ _ _ W _ _	Set aside	_ _ _ _ T

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Laugh a bit with 

Q: What did the chewing gum say to the shoe?
A: "I'm stuck on you!"

Just Like Cats & Dogs by Dave T. Phipps



PAW'S CORNER By Sam Mazzotta

Fat Cat Brought to Tears by Diet

DEAR PAW'S CORNER: Help! My 6-year-old cat, "Misti," has a serious weight problem, and the veterinarian said she needs to drop several pounds. The vet told me to feed her less, but Misti cries constantly around feeding time and won't let up until I put more food into her bowl. What else can I do? Are there weight-loss supplements for cats? -- Helen T., via email

DEAR HELEN: Helping your cat lose weight can be a struggle, but we all know that getting Misti down to a healthier weight will improve her quality of life.

There are several supplements and cat foods formulated specifically for cats that say they help with weight control. One supplement, L-Carnitine, may be helpful, but consult Misti's vet first for the proper amount to give her.

A calorie-restricted diet is the most effective way for Misti to lose weight. However, according to veterinarian and clinical researcher

Dr. Mark E. Peterson, reducing calories alone isn't effective. You must increase the amount of protein that Misti gets and reduce the amount of carbohydrates. The way to do this is to replace part of her dry food with real meat (plain chicken, steamed and cooled, for example). A high-quality canned food also may help increase protein, but read the labels very carefully. To make the diet easier on both of you, prepare Misti's food a few days ahead, separating each day's fresh and dry food into separate containers. Dole out her meals twice a day. Save a little each time and when she cries for more food, place that small amount into her bowl. That trick, plus the increased protein, will help satiate Misti as she adjusts to the new diet.

Send your questions, tips or comments to ask@pawscorner.com. (c) 2018 King Features Synd., Inc.



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SCRAMBLERS

solution

1. Decode;
2. Crusade;
3. Genetic;
4. Precise

Today's Word

ESCAPED

Even Exchange

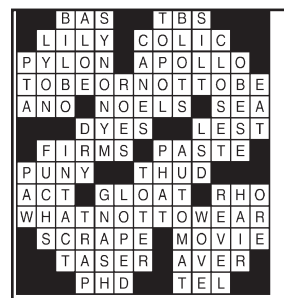
answers

1. Eerie, Aerie
2. Giggle, Gaggle
3. Switch, Snitch
4. Child, Chill
5. Hoover, Hoover
6. Broad, Bread
7. Dally, Dolly
8. Tiller, Taller
9. Glade, Glare
10. Allow, Allot

CryptoQuip

answer

When you suddenly get a great idea about a cloudburst, would you call that a rainstorm brainstorm?



8	1	6	5	7	4	3	9	2
4	7	3	9	2	1	5	6	8
5	2	9	6	8	3	1	4	7
1	6	2	4	9	8	7	3	5
7	9	8	3	5	6	2	1	4
3	4	5	2	1	7	6	8	9
9	3	1	7	4	2	8	5	6
2	8	4	1	6	5	9	7	3
6	5	7	8	3	9	4	2	1



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